



# Integrating Recreation Services Athletic Trainers (ATs) With Campus Medical Services



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## BACKGROUND

As college students continue to experience increasing healthcare needs, universities are seeking more efficient and accessible models of care. ACHA recommends institutions should provide adequate access to athletic healthcare providers to maintain a high level of athlete health and safety.

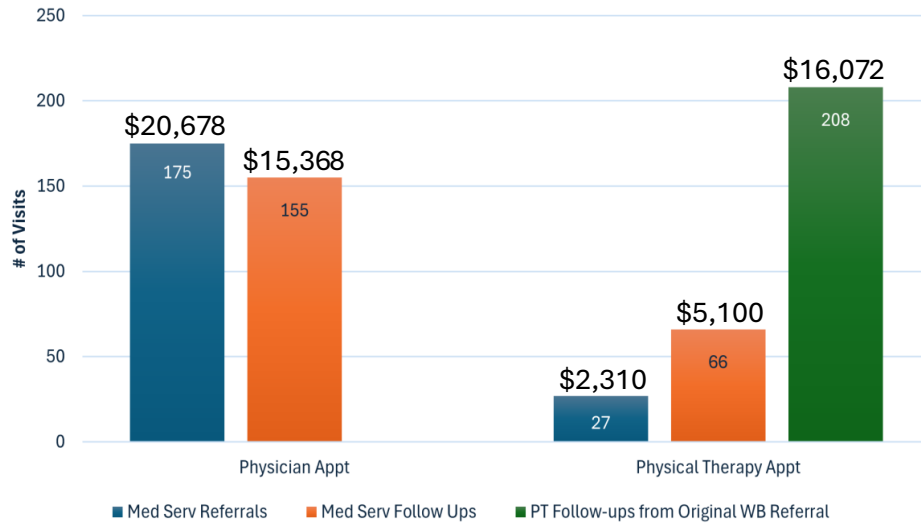
## IMPLICATIONS

Collaboration between ATs and campus medical services has the potential to improve continuity of care, provide timely referrals, and reduce financial barriers for students while also supporting the operational and financial goals of university health systems.

## FUTURE STEPS

Universities may benefit from developing more cohesive organizational models that integrate ATs, physical therapists, and physicians to improve students' access to healthcare.

### AT Referrals to Medical Services 2024-25

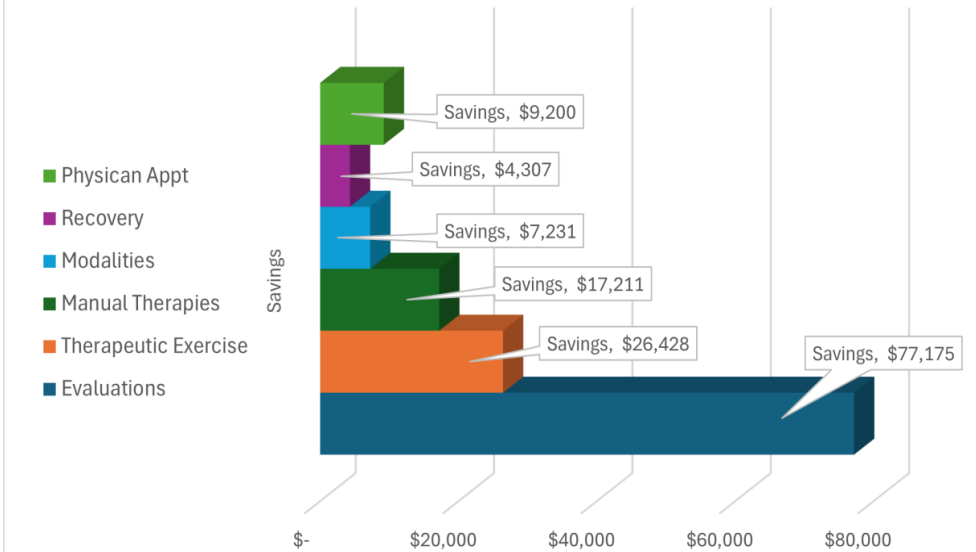


Based on average Colorado costs of services, total student savings: **\$187,902**

Other non-monetized benefits to students:

- Sideline medical coverage
- Education in medical safety

### Patient SAVINGS by using free AT Services 2024-25



### Increased intake and retention of patients for Campus Medical Services

#### Physician Appt

- 30% were NEW patients
- 62% of patients had follow ups

#### PT Appt

- 83% had follow ups (avg of 4.4 visits)

Average time to advanced care: **2.7 days**

Promotes direct communication with healthcare providers.

Collaborating with athletic trainers on campus can increase the **quantity and quality of care** to students and make healthcare **more accessible** across campus.