

# Fostering Clinical Excellence: Nurse Practitioner Preceptors in Student Health

## Introduction

- Nurse practitioner preceptors play a critical role in shaping future clinicians, especially in a unique environment like student health centers

## Objectives

- Highlight the role and challenges of NP preceptors
- Enhance preceptor engagement
- Promote evidence-based teaching
- Emphasize benefits of mentorship
- Improve professional behavior and interprofessional collaboration
- Further develop clinical skills
- Collaboration with academic centers
- Exposure to unique population in student health

## Best Practices for Effective Supervision

- Structured onboarding
- Establish clear expectations early
- Conduct regular check-ins with faculty and peer support groups
- Adapt supervision to student competency level
- Document student progress
- Provide structured and timely feedback
- Exposure to teamwork

## Best Practices for Collaboration

- Use evidence-based teaching methods
- Incorporate case-based learning, clinical reasoning exercises and real-time decision making
- Encourage students to consult current clinical guidelines and research
- Share personal clinical insights and reflective practice
- Use tools like the “One-Minute Preceptor” model for efficient clinical teaching
- Fosters partnerships between clinical and academic settings, promoting shared goals

## References

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## Highlight challenges of NP Preceptors

- Time constraints, emotional and mental fatigue, lack of formal training in teaching
- Variable student preparedness, diverse learning styles, patient safety and liability

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