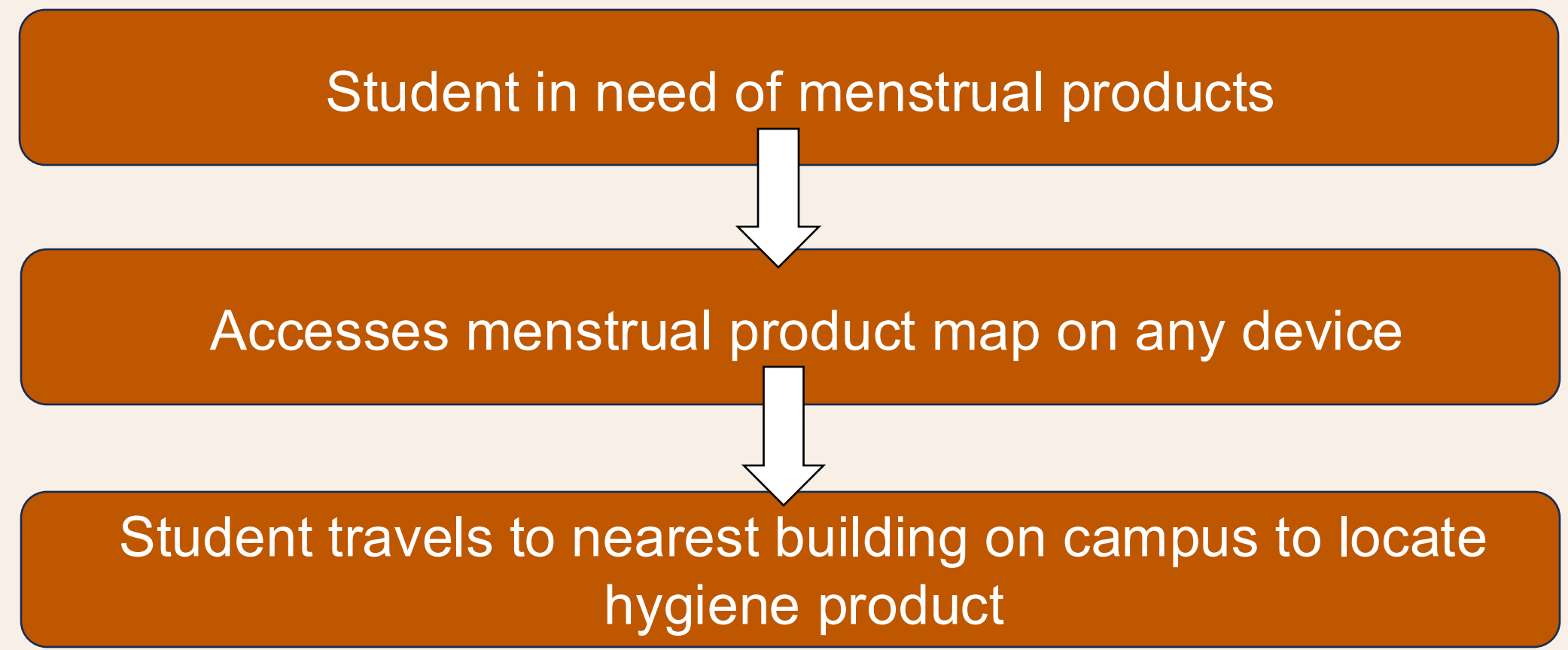


# Mapping Menstrual Products: Providing Students with Knowledge to Access Essential Resources

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## Introduction

- College expenses such as tuition, groceries, and rent, can make menstrual products unaffordable for students<sup>3</sup>
- A lack of access to menstrual products can lead to absenteeism and impairs students' right to an equitable access to education<sup>5</sup>
- Colleges, including UT Austin, provide menstrual products including pads and tampons which often go unused due to a lack of awareness
- This led to the Student Health Advisory Committee (SHAC) producing a menstrual product map that helps students locate pads and tampons



## Methods

SHAC reached out to building managers at UT Austin to collect information about the availability and location of menstrual products.

Using this knowledge, members created an interactive map using Google Maps, pinpointing buildings on campus that provide menstrual products.

To increase awareness about the map, SHAC:

- Displayed a Digi Screen in common spaces across campus with the QR Code and information about the map
- Created social media posts
- Posted on the University Health Services website

## Resources

Menstrual Product Map



Link to MapMenstrual Product Map Display

Methods of Community Outreach



Digital ScreenInstagram Post



University Health Services Website

## About SHAC

- Student Health Advisory Committee (SHAC) serves as a liaison between the UT Austin student body and the University Health Services (UHS) to address student health concerns.
- Health Initiatives and Projects (HIP) is a subcommittee within SHAC that launches health initiatives based on student concerns and gaps in UHS services.

## Conclusion

- It is important that every student, regardless of financial status, has access to these essential hygiene products.
- By informing students where menstrual products are located, we are equipping them with the knowledge to reduce financial barriers to healthcare products.
- By making this information accessible, every student will be aware of the location of free menstrual products across the UT Austin campus.

## Future Steps



## Acknowledgements

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