



ACHA  **2025**

Broadening Our Scope

New Orleans • May 27-31

**PRELIMINARY
SESSION LISTING**



**AMERICAN
COLLEGE
HEALTH
ASSOCIATION**

About ACHA 2025

A Message from ACHA's President and Program Planning Committee Chair...

"We are so excited to welcome you to the ACHA 2025 Annual Meeting in New Orleans! This year's theme, Broadening Our Scope, reflects the role that we all play in college health and well-being. With higher education facing new and continued challenges, coming together to learn, network, collaborate, and share how we work towards a common goal can help us better support our campus communities. We are proud of the program that we have put together this year, and we look forward to you joining us!"



Raphael D. Florestal-Kevelier, PhD, MPH
ACHA President



Gina Orlando, MPH
Program Planning Committee Chair

About ACHA 2025

WELCOME TO ACHA 2025!

Enhance Your Learning and Earn CE Credit

This year's program features more than 150 educational sessions that will bring you cutting edge research, guidelines, programs, and best practices in college health and wellness from across the country – and beyond! With CE credit offered in 8 disciplines, you're sure to maximize the continuing education you need in your profession.

Network with Peers From Across the Country

We know that a lot of great learning takes place outside of sessions, and we have plenty of networking opportunities at the meeting this year. From the returning ACHA Mentoring program to the discussion groups, affinity groups, and networking meetings, we hope you will find even more ways to connect with your colleagues.

Discuss Innovative Research with Your Peers

We encourage you to spend time learning about the innovative research and programs being conducted around the country, as featured in more than 50 posters displayed at this year's meeting. This is a great opportunity to ask questions, pick up handouts, get presenters' contact information, etc. These are not formal presentations; feel free to move from one poster to another.

ACHA 2025 Meeting Goals

- Consistent with ACHA's mission of advancing the health of college students and the campus community, we, the members of the association, gather at the annual meeting with invited guests to:
- Identify ways to increase knowledge, update professional skills, and incorporate evidence-based guidelines and standards into college health practice in the following areas:
 - Assessment and planning
 - Health promotion
 - Clinical care
 - Mental health services
 - Leadership development
- Identify opportunities for collaboration and exchange of ideas among college health professionals, students, and leaders in higher education.
- Discuss programs and environments that enhance health outcomes for college students and campus communities.
- Describe the effect of diverse cultures and experiences on the health of individuals and communities.
- Identify ways to integrate college health programs with the missions of the institutions we serve.
- Discuss ACHA's role as a national advocate for policies that have a positive impact on the health college students and campus communities.

Schedule at a Glance

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All meeting sessions, events, and the Exhibit Hall will be in the Hilton New Orleans Riverside

Tuesday, May 27

Registration Opens

7:00 am – 6:00 pm

Pre-Conference Workshops

9:00 am – 12:00 pm

Tickets required

Bystander Response Training

9:00 am – 12:00 pm

Advanced sign up required

ACHA Leaders' Lunch and Meeting

12:00 pm – 2:00 pm

Invitation only

Pre-Conference Workshops

2:00 pm – 5:00 pm

Tickets required

Committee Meetings

5:30 pm – 7:30 pm

Note that some committees, coalitions, and task forces will be conducting virtual meetings

Wednesday, May 28

Registration

7:00 am – 6:00 pm

Newcomers' Orientation:

Navigating the ACHA

Annual Meeting

7:30 am – 8:45 am

Opening General Session/

Keynote Address

10:00 am – 11:30 am

Section Meetings

12:00 pm – 1:00 pm

Industry Presentations

12:15 pm – 1:15 pm

General Sessions

1:30 pm – 2:30 pm

3:00 pm – 4:00 pm

4:30 pm – 5:30 pm

Committee Meetings

5:45 pm – 6:45 pm

Note that some committees, coalitions, and task forces will be conducting virtual meetings

ACHA Celebrates: Opening Reception

6:00 pm – 7:00 pm

2025 Awards and Fellows Ceremony

7:00 pm – 8:00 pm

Thursday, May 29

Morning Mindful Yoga

6:00am – 7:00 am

Rising and Current

Volunteer Leader Coffee Hour

7:00 am – 7:45 am

Registration

7:00 am – 5:00 pm

Opening Breakfast with

Exhibitors

7:00 am

Exhibit Hall

7:00 am – 4:00 pm

Posters

7:00 am – 4:00 pm

General Sessions

8:00 am – 9:30 am

10:00 am – 11:30 am

Affiliate Meetings

12:00 pm – 1:00 pm

Industry Presentations

12:15 pm – 1:15 pm

General Sessions

1:30 pm – 2:30 pm

3:00 pm – 4:00 pm

Friday, May 30

School Spirit Day!

Fun Run/Walk

Morning Meditation

6:00 am - 7:00 am

Registration

7:00 am – 5:00 pm

Continental Breakfast with Exhibitors

7:00 am

Exhibit Hall

7:00 am – 1:30 pm

Posters

7:00 am – 3:00 pm

General Sessions

8:00 am – 9:30 am

10:00 am – 11:30 am

Dorosin Memorial Lecture

12:00 pm – 1:00 pm

General Sessions

1:30 pm – 2:30 pm

3:00 pm – 4:00 pm

Assembly of

Representatives

4:15 pm – 5:00 pm

Saturday, May 31

Registration

7:00 am – 11:00 am

Continental Breakfast

7:00 am

General Sessions

8:00 am – 9:00 am

9:30 am – 10:30 am

Closing Presidential

Session

11:00 am – 12:00 pm

Featured Events

Opening General Session and Keynote Address

Wednesday, May 28, 10:00 am-11:30 am



Shelina Davis, MPH, MSW, is a public health social worker, community connector, and health ambassador. She serves as the Chief Executive Officer of Louisiana Public Health Institute (LPHI) where she has the honor of leading and working in partnership with a team of 100+ talented public health professionals along with 500+ community partners on over 70 projects in a given year.

In April 2020, Shelina was appointed to serve as the Louisiana Prisons Sub-Committee Chair on a COVID-19 task force created by Louisiana Governor John Bel Edwards; she was also appointed to the Louisiana Office of Public Health's COVID-19 Vaccine Action Collaborative to ensure the safety and well-being of all Louisianans during COVID-19.

Dorosin Memorial Lecture

Friday, May 31
12:00 pm - 1:00 pm



Gerard Lawson, PhD, LPC, LSATP, NCC, is a professor of counselor education in the School of Education at Virginia Tech. He has been a disaster mental health volunteer with the American Red Cross since 2002, and has supported numerous national, state, and local disasters. He was instrumental in helping to coordinate the counseling response to the tragic shootings at Virginia Tech in 2007, and he is the author of Virginia Tech's Disaster Behavioral Health Plan.

Dr. Lawson's presentation, **Caring for our Communities, Colleagues, and Selves Following Tragic Events Impacting College Campuses**, explores the prevalence and impact of trauma-causing events, best practices for response and recovery, and strategies for clinician self-care to support campuses effectively in the wake of crises.

Closing Presidential Session

Saturday, May 30
11:00 am-12:00 pm

[Session Info to come]

Continuing Education

Please note that all credit applications may not yet have been submitted, approved, or yet have permission to list them as pending. If you don't see your credit type listed, check back here or watch the meeting website for updates at <https://annualmeeting.acha.org/attend/ce-credit/>.

CONTINUING EDUCATION STATEMENTS

CME: The American College Health Association (ACHA) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

ACHA designates this live activity for a maximum of 22 *AMA PRA Category 1 credits*.TM Physicians should only claim credit commensurate with the extent of their participation in the activity.

AAFP: The AAFP has reviewed ACHA 2025 Annual Meeting and deemed it acceptable for up to 22.00 Live AAFP Prescribed credit(s). Term of Approval is from 05/27/2025 to 05/31/2025. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CHES®/MCHES®: Sponsored by ACHA, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES®) and/or Master Certified Health Education Specialists (MCHES®) to receive up to 22 total Category 1 continuing education contact hours. Maximum advanced-level contact hours available are 22.

PsyCE: ACHA is approved by the American Psychological Association to sponsor continuing education for psychologists. ACHA maintains responsibility for this program and its content. This program has been awarded 22 hours of continuing education for psychologists.

NBCC: The American College Health Association has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6397. Programs that do not qualify for NBCC credit are clearly identified. ACHA is solely responsible for all aspects of the program.

NASW: This program is Approved by the National Association of Social Workers (Approval # 886508715-6649) for 23 continuing education contact hours.

CNE: This nursing continuing professional development activity was approved by Montana Nurses Association, an accredited approver with distinction by the American Nurses Credentialing Center's Commission on Accreditation.



General Meeting Information

Overall Purpose: The purpose of the ACHA Annual Meeting is to provide high-quality education to college health professionals, students, and other stakeholders to enhance the skills and capacities needed to advance health and build healthier campus communities.

Target Audience: The target audience for the ACHA Annual Meeting includes college health professionals, students, and other stakeholders.

Commercial Support: At the time of this posting, we have received commercial support from Gilead Sciences and Nuclein, LLC.

Sponsor Disclosures: At the time of posting, sponsorship has been received from Aetna Student Health, Anthem Blue Cross, UnitedHealthcare Student Resources, Wellfleet Student, Responsibility.org, HUB Campus Health Solutions, Gallagher Student Health & Special Risk, Student Insurance, TimelyCare, Mantra Health, The Medicus Firm, BetterMynd, and American College of Lifestyle Medicine.

Non Endorsement: ACHA does not endorse any products or services that are displayed or referred to in conjunction with this activity and is not responsible for the actual presentation of content during scientific sessions.

Successful Completion: In order to earn credits/contact hours and obtain a CE certificate, participants must:

- Be registered for the meeting.
- Attest via the online session evaluation site that each session for which credit is requested was attended in its entirety.
- Complete additional steps for your discipline if applicable:

NASW: If requesting NASW credit for social workers, you must track your attendance at each session and submit a completed sign-in/out sheet. These sheets will be available on-site at the Speaker Info and CE Booth.

ACPE: If requesting ACPE credit for pharmacists, you must submit a completed attendance tracking sheet AND pass an online post-test (score of 80% or higher) for each session attended. Instruction packets will be available on-site at the Speaker Info and CE Booth.

NBCC: If requesting NBCC credit for certified counselors, you must track your attendance at each session and submit a completed sign-in/out sheet. These sheets will be available on-site at the Speaker Info and CE Booth.

Further instructions will be included in the Attendee Show Planner website and the mobile meeting app.

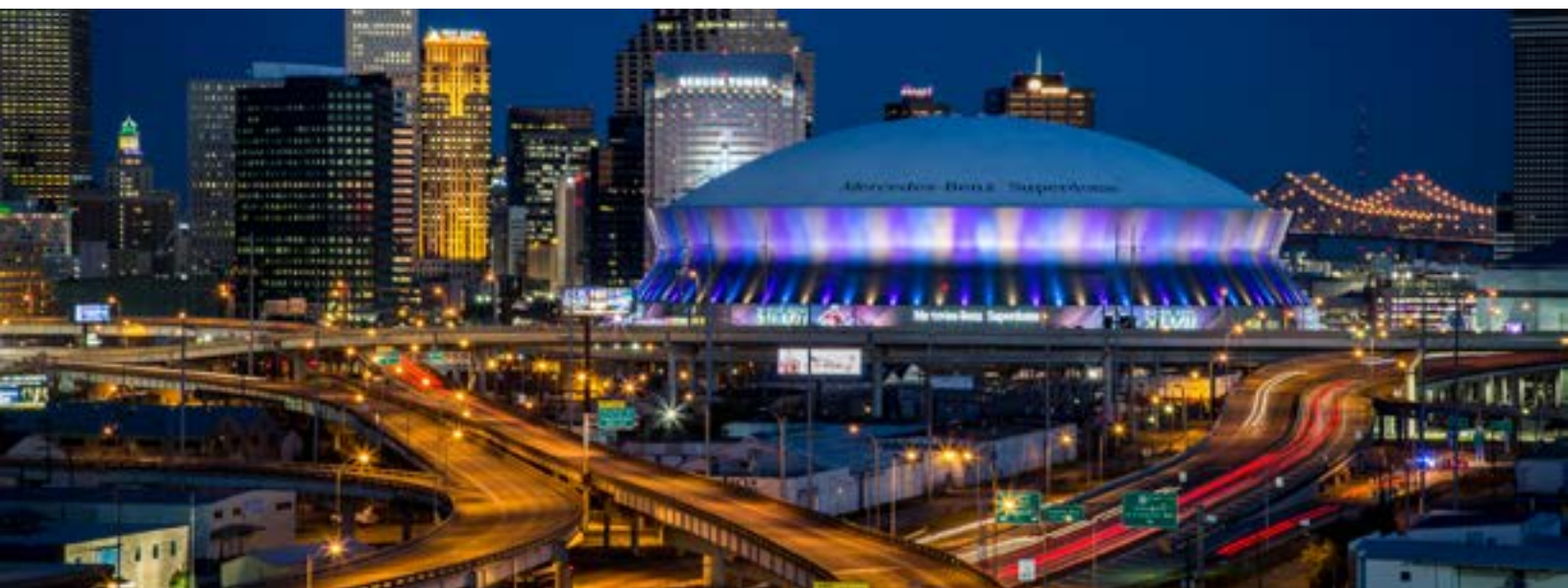
General Meeting Information

Relevant Financial Relationships

None of the presenters or planners for this educational activity have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients, except for the following:

- Speaker **S. Shahzad Mustafa, MD**, who has disclosed that they are on speakers' bureaus for Genentech, GSK, AstraZeneca, Regeneon/Sanofi, CSL Behring.
- Speaker **Lindsay Phillips, MD, MSc**, who has disclosed that they are a trainer for Organon and a member of the Wellfleet pharmacy review board.
- Speaker **Obinna Nnedu, MD, MPH, CTropMed**, who has disclosed that they were a consultant for Merck.
- Speaker **Dragana Lovre, MD**, who has disclosed that they are a clinical trial investigator and advisory board member for NovoNordisk Inc.
- Speaker **Lauren Payne, MD, MS, FAAD**, who has disclosed that they are a dermatology advisory member for Kenvue.
- Speaker and Planner **Melanie Trost, MD**, who has disclosed that they own stock in Pfizer and Gilead, Inc.

All of the relevant financial relationships listed for these individuals have been mitigated.



TUESDAY EVENTS, MEETINGS, & PRE-CONFERENCE WORKSHOPS

CONNECT. ENGAGE. EXPLORE.

7:00 am - 6:00 pm

Registration

9:00 am - 12:00 pm

Bystander Response Training

ACHA is partnering with NOLA Ready to offer this three-hour combined training, covering hands-only CPR, Stop the Bleed, and opioid overdose prevention. watch for more details to come

12:00 pm - 2:00 pm

ACHA Leaders' Appreciation Lunch and Meeting

(invitation only)

2:00 pm - 5:00 pm

American College Health Foundation Board of Directors

5:15 pm - 6:15 pm

Program Planning Committee Networking and Orientation

All 2025, 2026, and 2027 Program Planning Committee members are strongly encouraged to attend this networking and orientation to kick off the 2026 planning year. Topics covered will include expectations for planners and planners-elect, the planning process and timeline, and an overview of the summer and fall trainings. Members of the 2025 PPC, along with the Continuing Education Committee will be on hand to answer any questions.

5:30 pm - 6:15 pm

Section and Affiliate Executive Committee Meetings

Section and affiliate executive committee meetings are limited to those groups' officers or other invited members.

Health Promotion Section
Executive Committee

Mental Health Section
Executive Committee

Nursing Section Executive
Committee

Pharmacy Section Executive
Committee

Mid-America College Health
Association Executive
Committee

New England College
Health Association Executive
Committee

Pacific Coast College Health
Association Executive
Committee

Rocky Mountain College
Health Association Executive
Committee

Committee and Task Force Meetings

Committee and task force meetings are intended for approved members of those committees or task forces.

Data Hub Committee

Diversity, Equity, Inclusion,
Justice, and Accessibility
Committee

Vaccine-Preventable Diseases
Advisory Committee

Tuesday Meetings & Events (Cont.)

Coalition Meetings

Coalition meetings are open to all members with an interest in the topic.

Alcohol, Tobacco, and Other
Drugs Coalition

Community College Health
Coalition

Emerging Public Health
Threats and Emergency
Response Coalition

Historically Black Colleges and
Universities Coalition

Spirituality and Wellness
Coalition

6:30 pm - 7:15 pm

Section and Affiliate Executive Committee Meetings

Section and affiliate executive committee meetings are limited to those groups' officers or other invited members.

Southern College Health
Association Executive
Committee

Committee and Task Force Meetings

Committee and task force meetings are intended for approved members of those committees or task forces.

Benchmarking Advisory
Committee

Basic Needs Task Force

Coalition Meetings

Coalition meetings are open to all members with an interest in the topic.

Campus Safety and Violence
Coalition

Faculty and Staff Health and
Wellness Coalition

Student Health Insurance/
Benefits Plans Coalition

Add Pre-Conference Workshops at any time!

Even if you've already registered! Just log back into your original registration, and indicate the workshops you'd like to add.

Tuesday Pre-Conference Workshops

Tickets are required for all pre-conference workshops, which are open to all meeting attendees (excluding spouses/partners).

9:00 am – 12:00 pm

Strategic Leadership in College Well-Being: Elevating Health Promotion Professionals to Executive Roles

After this session, attendees should be able to:

1. Describe the movement towards the creation of college health and well-being executive leadership roles.
2. Apply health promotion strategies, theories, and practices to the role of a senior leader.
3. Identify multiple leadership skills such as coalition-building, branding, strategic planning, budgeting, and supervision through a health promotion lens.

Presenter(s): Ashleigh Hala, LICSW (Massachusetts College of Liberal Arts); Oliver Tacto, DSW, MSW, MPH, CHES (Maryville University); Eric Davidson, PhD, MCHES (Eastern Illinois University)

Developing, Implementing, and Evaluating Opioid Overdose Prevention Programs on a College Campus

After this session, attendees should be able to:

1. Describe the rationale for opioid overdose prevention efforts on college campuses.
2. Discuss the quantitative

and qualitative data guiding the development and implementation of a campus-based opioid program.

3. Describe the process of developing, implementing, and evaluating an opioid education and naloxone training program on college campuses.
4. Describe the adaptation of the opioid overdose prevention program to a virtual setting.
5. Review findings from an opioid education and training (Naloxone) program.

Presenter(s): Michael McNeil, EdD, CHES, FACHA and Rocco Siravo, MA (Columbia University)

Achieving AAAHC Accreditation for College Health: Part I

After this session, attendees should be able to:

1. Identify the steps required to prepare for accreditation.
2. Describe applicable Standards required for accreditation compliance.

Presenter(s): Joy Himmel, PsyD, MA, BSN (Old Dominion University); Valerie Kiefer, DNP, MS (University of Tampa)

Practical Clinical Strategies for Comprehensive Sexual Health Care

After this session, attendees should be able to:

1. Describe guidelines for collection of a comprehensive sexual health history.
2. Discuss best practices for routine and symptom based STI screening and treatment.
3. Apply clinical decision-making regarding indications,

medication choices, and patient counseling for use of PrEP to prevent HIV.

4. Identify uses for Post Exposure Prophylaxis (PEP) and Doxycycline Post Exposure Prophylaxis (Doxy PEP) to further prevent STIs after an exposure event,
5. Describe strategies for enhancing structural and policy implantation to support sexual health.

Presenter(s): Paul Broker, MD, AAHIVS, Jason Newman, MD (University of Texas Southwestern Medical Center)

HBCUs from 1837 to 2025: Broadening the Impact of Health Practice, Research, and Publication for Inclusive Communities

After this session, attendees should be able to:

1. Define student demographic groups for which gaps and disparities exist on their campuses as opportunities to focus on health and well-being practices that support student success, belonging, and increases in positive health outcomes.
2. Identify high impact practices and multicultural contexts to implement health and well-being strategies for student success and well-being across promotion and prevention, mental health and performance, and clinical health.
3. Develop an approach that is scalable for their respective campuses that explore ways to cultivate a multiculturally proficient culture of care with scalable practices and services for student well-being and success.

Tuesday Pre-Conference Workshops

9:00 am – 12:00 pm (cont.)

4. Assess strategies that expand existing evidence and practice-based approaches in literature to recognize opportunities to engage in research and publications.

Presenter(s): Charli Kennedy, PhD, and Lindsay Dozier, MPH (North Carolina Central University); Tondra Moore, PhD, JD, MPH (Prairie View A&M University)

Emerging Trends in Nutrition and Impact on Attitudes, Beliefs, and Behaviors Towards Food and Body

After this session, attendees should be able to:

1. Identify potential sources and impacts of nutrition and wellness mis-information and outdated information that influence college students' relationships with food and body image.
2. Describe evidence-based strategies for addressing nuanced nutrition topics with students that avoid perpetuating diet culture.
3. Design campus-based activities that promote inclusive and weight-neutral nutrition education.

Presenter(s): Lauren Futrell Dunaway, PhD, MPH, RD, LDN, Carli Gertler, RD, LDN (Tulane University)

Mental Health Ethics: Lessons from the Humanities

After this session, attendees should be able to:

1. Connect historical and philosophical perspectives to modern mental health challenges.

2. Examine modern psychological approaches through case studies illustrating therapeutic approaches and their limitations.
3. Evaluate societal and technological impacts (such as social media, economic stress, environmental degradation, and over-reliance on psychopharmacology) on mental health.

Presenter(s): Ari Ofengenden, PhD (Tulane University)

2:00 pm – 5:00 pm

Unlocking Student Potential: The Art of ADHD Diagnosis

After this session, attendees should be able to:

1. Outline the DSM Diagnostic criteria for ADHD, including some of the limitations of applying these criteria to the diagnosis of adults.
2. Conduct a clinically informed interview which either rules in or out the diagnosis of ADHD, as well as any of the common comorbidities.
3. Review the treatment considerations of therapy and psychopharmacology.

Presenter(s): Perry Mandanis, MD

Developing and Implementing a Health Equity Program

After this session, attendees should be able to:

1. Identify the role of health equity in student success and overall well-being.
2. Outline the University of Georgia's timeline, plan, and lessons learned launching a health equity program.

3. Explain the University of Georgia's method for assessing students' health-related social needs, and the development and implementation of the Patient Navigator role.
4. Describe how to engage campus partners and college students in a health equity program, recognizing the importance of this engagement in establishing buy-in and increasing change potential through collaboration.
5. Explore how to implement an interdisciplinary cohort of University faculty, staff, and students to evaluate data to measure disparities and design interventions in pursuit of reducing inequality.

Presenter(s): Amelia Ross, BA, Missy Jackson, MS, WHNP-BC (University of Georgia)

Achieving AAAHC Accreditation for College Health: Part II

After this session, attendees should be able to:

1. Discuss common student health survey deficiencies and how other colleges overcame these challenges to achieve accreditation.
2. Recognize how to conduct a risk assessment of your organization's Infection Prevention and Control program to minimize infections and communicable diseases.
3. Explain the components of a Quality Improvement Study.

Presenter(s): Joy Himmel, PsyD, MA, BSN (Old Dominion University); Valerie Kiefer, DNP, MS (University of Tampa)

Tuesday Pre-Conference Workshops

2:00 pm – 5:00 pm (cont.)

Blueprint for Impact: Strategic Planning for Health and Well-being Leaders

After this session, attendees should be able to:

1. Develop a strategic framework for health and well-being initiatives.
2. Utilize data and evidence-based practices in decision-making.
3. Describe how to foster collaborative partnerships to strengthen well-being initiatives.
4. Implement a systems approach to well-being.

Presenter(s): Oliver Tacto, DSW, MSW, MPH (Maryville University of Saint Louis); LaMarcus Howard, PhD (North Carolina Central University); Alexis Travis, PhD (Michigan State University); Erin Baldwin, MHA, MPH, FACHE (Iowa State University)

Planning and Executing Table Top Preparedness Exercises for College Health Professionals

After this session, attendees should be able to:

1. Explain the fundamental steps and benefits of training and exercises.
2. Apply Homeland Security Exercise and Evaluation Program (HSEEP) principals to tailor exercises to specific contexts.
3. Execute a tabletop exercise.

4. Discuss the process of planning an exercise with the appropriate stakeholders at the attendee's home campus.

Presenter(s): Sarah DeLozier, MS, AEM (Knoxville-Knox County Emergency Management Agency)

An Introduction to Dialectical Behavior Therapy for College Mental Health Settings

After this session, attendees should be able to:

1. Describe the major components of the DBT model and its theoretical underpinnings.
2. Identify how DBT can be used to address their student population specific mental health needs.
3. Create an initial plan for integrating DBT in their university counseling center's mental health therapy offerings.

Presenter(s): Luciana Silva, PhD, LMFT (Southeast Systemic Therapy and Consulting)

Advanced Contraception Management

After this session, attendees should be able to:

1. Explain the efficacy, benefits, side effects, and risk factors associated with contraceptive methods.
2. Identify three considerations to assess when choosing a contraceptive method.
3. Explain how to start each contraceptive method.
4. Demonstrate LARC insertions and removals.

5. Explain ongoing management of contraceptive methods.

Presenter(s): Jodell Yank, MSN, APRN-NP, WHNP-BC, FNP-BC (Doane University)

Clinical Approach to the Examination of the Ankle, Knee, and Shoulder in College Health: A Hands-On Workshop

After this session, attendees should be able to:

1. Demonstrate the appropriate approach and performance of the ankle exam.
2. Demonstrate the appropriate approach and performance of the knee exam.
3. Demonstrate the appropriate approach and performance of the shoulder exam.

Presenter(s): Christopher Nasin, MD (University of Rhode Island)

An Overview of Dermatologic Conditions for the Non-Dermatologist

After this session, attendees should be able to:

1. Describe etiology of atopic dermatitis.
2. Describe etiology of prolonged urticaria.
3. Describe evidence-based management of atopic dermatitis.
4. Describe evidence-based management of urticaria.

Presenter(s): Shahzad Mustafa, MD (Rochester Regional Health)

WEDNESDAY EVENTS, MEETINGS, & GENERAL SESSIONS

CONNECT. ENGAGE. EXPLORE.

7:00 am - 6:00 pm

Registration

7:30 am - 8:45 am

Newcomers' Orientation: Navigating the ACHA Annual Meeting

Is this your first ACHA Annual Meeting? If so, make sure you join us for this informal networking event. You'll be surrounded by colleagues who are asking the same questions as you are. And there will be plenty of seasoned meeting veterans on-hand – who remember what their first meeting was like – to help you make the most out of your meeting experience.

9:00 am - 9:45 am

Mental Health Section Networking

10:00 am - 11:30 am

Opening General Session/ Keynote Address

Join your colleagues to hear Keynote Speaker Shelina Davis, MPH, MSW, Chief Executive Officer of Louisiana Public Health Institute. See Featured Events for more information.

12:00 pm - 1:00 pm

Full Section Meetings

ACHA section meetings are open to all members of the section.

Administration Section

Advanced Practice Clinicians
Section

Clinical Medicine Section

Health Promotion Section
Meeting and Networking

Health and Well-Being
Executive Leadership Section
Meeting and Networking

Mental Health Section

Nursing Section

Nurse Administrator Section

Pharmacy Section

5:45 pm - 6:30 pm

Coalition Meetings

Coalition meetings are open to all members with an interest in the topic.

Promoting LGBTQIA+ Equity
Task Force

LGBTQ+ Health Coalition

Integrated College Health
Coalition

5:45 pm - 6:30 pm

Section and Affiliate Executive Committee Meetings

Section and affiliate executive committee meetings are limited to those groups' officers or other invited members.

North Central College
Health Association Executive
Committee

6:00 pm - 7:00 pm

ACHA Opening Reception

Join fellow meeting attendees at the Opening Reception and enjoy light appetizers and a cash bar while networking with friends and colleagues in an informal atmosphere.

7:00 pm - 8:00 pm

ACHA Awards and Fellows Ceremony

Come celebrate with your colleagues to honor the 2025 Award Recipients and Fellows. See Featured Events for more information. Name badges are required for all events.

8:00 pm - 9:00 pm

Recovery Meeting

Open to all.

Wednesday General Sessions

10:00 am – 11:30 am

Opening General Session/ Keynote Address: Beyond Campus Walls: Rethinking College Health Through a Public Health Lens

After this session, attendees should be able to:

1. Describe shared challenges and opportunities in the evolving socio-political climate, while thinking creatively and acting courageously to advance student health.
2. Discuss how to move beyond reactive approaches and embrace upstream, systemic strategies that address root causes of health disparities, fostering long-term well-being for students and campus communities.
3. Describe how to leverage partnerships beyond the university by breaking silos and tapping into the expertise, resources, and collaborations of public health organizations, policymakers, and community partners to drive transformative change in college health.

Presenter(s): Shelina Davis, MPH, MSW (Louisiana Public Health Institute)

2. Describe how students view the well-being support they receive from their institutions, including areas for increased interventions.
3. Discuss how the experiences of first-generation students are similar to and different from continuing-generation students when it comes to mental health and well-being.

Presenter(s): Bridget Yuhas, EdD (Butler University)

It's Time to Ungrind: Supporting Collegiate Communities Through Innovative Social Norming Campaigns

After this session, attendees should be able to:

1. Describe the context of college student substance misuse and impact on student success and well-being.
2. Describe the structure and foundations of the social norming model.
3. Explore a case study of a state-wide social norms campaign, relating relevant campaign messages to campus well-being efforts and social norming.

Presenter(s): Emma Spalding, MAEd (NASPA)

Shaping the Future of Campus Well-Being: Key Association Efforts and Initiatives

After this session, attendees should be able to:

1. Identify the updated goals of the Interassociation Well-Being in Higher Education Collaborative.
2. Recognize the well-being work at the national level and how this will impact campus communities.

3. Discuss how well-being work is being implemented successfully on campuses.

Presenter(s): Robyn Buchsbaum, MHS (American College Health Association); Mallory Jordan, MPH, MBA, and Emma Spalding, MAEd (NASPA)

The Dangers of Fake Pills and Illicit Fentanyl: DEA's Perspective

After this session, attendees should be able to:

1. Describe the dangers of fake pills and illicit fentanyl.
2. Identify the drug trafficking cartels behind the illicit fentanyl supply chain.
3. Describe issues related to access and availability of fake pills and illicit fentanyl.
4. Identify the resources available to the public.

Presenter(s): Richard Lucey, MA, and Leslie Faulkner, PhD, DNP, FNP-BC (Drug Enforcement Administration)

Benchmarking Committee Update

After this session, attendees should be able to:

1. Discuss benchmarking in college health.
2. Discuss goals for next year with benchmarking.

Presenter(s): Jessica Higgs, MD (Bradley University)

1:30 pm – 2:30 pm

First-Gen Student Mental Health and Well-Being: Successes and Opportunities

After this session, attendees should be able to:

1. Discuss areas of success and opportunity in student-reported information on their mental health and well-being.

Wednesday General Sessions

1:30 pm – 2:30 pm (cont.)

Broadening Our Scope: Leveraging Generative AI for Enhanced Collegiate Well-Being

After this session, attendees should be able to:

1. Define the building blocks of AI.
2. Describe the abilities and limitations of Generative AI.
3. Describe three strategies for integrating GenAI in collegiate behavior change.
4. Discuss the ethical implications of using AI in collegiate wellness.

Presenter(s): Monica C. Webb, PhD, MPH, CHES (University of Florida)

Reimagining Campus Collaborative Care: An Approach to Mental Health Crisis Management in a Campus Primary Care Clinic

After this session, attendees should be able to:

1. Compare traditional Collaborative Care Model design to reimagined ways one large public university utilizes a co-located mental health counselor.
2. List essential elements of a crisis hospitalization workflow.
3. Identify three types of professional development trainings a co-located counselor can coordinate or provide to help medical providers and clinical nurses develop competencies around high-risk mental health patients.

4. Discuss how your institution could establish or reinvent team-based collaborative approaches and implement these strategies with current existing resources.

Presenter(s): Jennifer Smith, MA, LPC-S, RPT-S, Rhonda Beagle, LVN and, Sarah Doss, MD, MPH (Texas State University)

From Data to Action: Co-Creating an Action Roadmap with Campus Partners Using Systems Thinking

After this session, attendees should be able to:

1. Describe frameworks and strategies for collective action.
2. List steps involved in using systems thinking to co-create a plan for action.
3. Apply systems thinking activity to identify leverage points for intervention.

Presenter(s): Diane Medsker, BA, Lauren Martinez, and Sarah Hong, MPH, MIA (University of Southern California)

Cross-Generational Mentorship to Advance Staff Growth, Satisfaction, and Work-Life Balance

After this session, attendees should be able to:

1. Describe cross-generational mentorship as a strategy to advance the staff experience.
2. Discuss cross-generational mentorship frameworks and best practices.

3. Describe four stories that articulate the power and impact of cross-generational mentorship in the field of college health.

Presenter(s): Ashleigh Hala, LICSW (Massachusetts College of Liberal Arts); Gina Abrams, DrPH, EdM, LSW (International Institute for Restorative Practices); Paula Swinford (University of Southern California); Katryna Sardis, MSW, EdD (University of Missouri - Columbia)

Clinical and Non-Clinical Partnerships: Building Sustainable Capacity for Infectious Disease Prevention and Response

After this session, attendees should be able to:

1. Explain the benefits of a multi-disciplinary approach to infectious disease response.
2. Analyze a case study of an integrated infectious disease response team.
3. Apply this model of clinical and non-clinical partnership to their own institution's infectious disease response protocols.

Presenter(s): Katherine McAvoy, MPH, CWHC and Marcel Pierre-Louis, BSN, MHA (Columbia University)

The Evolving Landscape of Atopic Dermatitis

After this session, attendees should be able to:

1. Describe etiology of atopic dermatitis.
2. Describe evidence-based management of atopic dermatitis.

Presenter(s): Shahzad Mustafa, MD (Rochester Regional Health)

Wednesday General Sessions

3:00 pm – 4:00 pm

The Broadening of Mental Health: The Next Paradigm Shift in Higher Education

After this session, attendees should be able to:

1. Identify primary forces shaping views around mental health.
2. Explain how a Collective Impact approach can be used as a framework for understanding current and shifting ways of thinking about mental health.
3. Apply assumptions of the mental model to existing campus structures and resources.
4. Discuss implications for future directions in higher education.

Presenter(s): Katelyn Cowen, MPH, CHES (Hamilton College)

Where There is No Sexual Assault Nurse Examiner (SANE)

After this session, attendees should be able to:

1. Discuss the prevalence of sexual assault on college campuses.
2. Discuss the healthcare providers role in post-assault care.
3. Explain one university's approach to comprehensive post-assault care in the absence of sexual assault nurse examiners.

Presenter(s): LaNika Wright, PhD, WHNP-BC, SANE-A, and C. LaShae Wilson, MSN, ANP-BC (East Carolina University)

Fentanyl Test Strip Distribution: Integration into a Campus Overdose Education and Naloxone Distribution Program

After this session, attendees should be able to:

1. Discuss the purpose of a fentanyl test strip education and distribution program.
2. Describe the process of gaining support for a fentanyl test strip education and distribution program.
3. Describe the process of implementing a fentanyl test strip distribution program.

Presenter(s): Rocco Siravo, MA, NBC-HWC, CPAHA and Michael McNeil, EdD, CHES, FACHA (Columbia University)

Bridging the Gap: Supporting Student Parents and Advancing Reproductive Health Access in Community Colleges and Beyond

After this session, attendees should be able to:

1. Describe how institutions promote or inhibit support for student parents.
2. Discuss how community colleges may increase access to sexual and reproductive health services and supports for students.
3. Assess approaches to partnership building to meet student parents' needs as well as the sexual and reproductive health needs of community college students.

4. Outline federal and institutional policy recommendations on how colleges may better support student parents' postsecondary educational attainment.

Presenter(s): Martinique Free, MPH, PhD, Jennifer Turner, PhD, and Salma Elakbawy, MA (Institute for Women's Policy Research); Angelica Cancino de Sandoval (Austin Community College District Special Supports & Grants)

Synergistic Partnerships: Enhancing Health Literacy and Community Involvement

After this session, attendees should be able to:

1. Evaluate current initiatives.
2. Identify shared goals and visions of campus health service and social impact division.
3. List the key stakeholders of the program.

Presenter(s): Valdene Southon, JD, and Chevaan Peters, BA (Stellenbosch University)

Promoting Reproductive Health Care Access on Campus: Practical Examples of Implementation

After this session, attendees should be able to:

1. Describe the tools provided by the ACHA Reproductive Rights Advocacy Subcommittee that enable participants to evaluate their current campus sexual and reproductive health services and pinpoint service gaps.

Wednesday General Sessions

3:00 pm – 4:00 pm (cont.)

2. List practical examples of how the Toolkit has been used on other campuses to improve access to reproductive health care.
3. Describe evaluation feedback from ACHA users provided through the Toolkit's embedded surveys.
4. Describe the next steps for the Reproductive Rights Subcommittee (RRS) and the implications for campus reproductive health care.

Presenter(s): Julia Matthews, MSN, MPH (Bentley University); Sharon Rabinovitz (Emory University); Jackie Recktenwald MSEd (University of Pennsylvania); Yakira Teitel, MD, MPH (Bard College)

Focus on Flourishing: Using the Dual Continua Model of Mental Health to Reduce Student Distress and Increase Student Success

After this session, attendees should be able to:

1. Contrast the traditional single continuum model of mental health with the newer, more comprehensive dual continua model of mental health.
2. Describe the prevalence of flourishing mental health among college student populations.
3. Analyze case studies of school-based flourishing interventions and pilot programs and their impacts on mental health and student success.

Presenter(s): Lisa Schrader, EdD, MPH, MCHES (Middle Tennessee State University)

2024 Campus Mental Health Services Survey Results

After this session, attendees should be able to:

1. Outline the planning and development phase of the project.
2. Interpret the results of the Cohort 1 surveys.
3. Discuss plans for data going forward.

Presenter(s): Michelle Zeitler, MPH (Ruderman Family Foundation); Robert Franek, BA (The Princeton Review)

CANCELLED BY PRESENTER -- Elements for a Compliant Insurance Billing Program

Timid to Bold: A Case Study Leveraging AI for Comprehensive Health Promotion

After this session, attendees should be able to:

1. Explain how one type of AI coaching technology can be used to support and promote wellness at all levels of the Social Ecological Model.
2. Execute one technique for operationalizing systems thinking to foster multilevel systems transformation using the application of AI technology.
3. Explain how theory-driven evaluation is uniquely situated to support the evaluation of multi-level, systems-focused health promotion strategy.

Presenter(s): Kelly Gorman, MSC (University at Albany, State University of New York)

Approach to the Evaluation and Management of Chronic Kidney Disease

After this session, attendees should be able to:

1. Define the most common screening tests and diagnostic criteria for chronic kidney disease, including newer biomarkers.
2. Recognize risk factors for chronic kidney disease.
3. Implement a targeted action plan for managing chronic kidney disease after accurately classifying the disease and assessing the prognosis.

Presenter(s): Angelina Edwards, MD, FASN (Houston Methodist Hospital)

Comprehensive Suicide Prevention Strategies for College and Universities

After this session, attendees should be able to:

1. Interpret national data points regarding suicide.
2. Identify interventions that promote sense of belonging, enhance resiliency skills, and create greater access to mental health care.
3. Discuss innovative programing created to enhance college campus suicide prevention efforts.

Presenter(s): Carrie Brown, PhD, and Cory Wallack, PhD (Syracuse University); Marcus Hotaling, PhD (Union College)

Wednesday General Sessions

4:30 pm – 5:30 pm

Unlocking Student Potential: The Art of ADHD Diagnosis

After this session, attendees should be able to:

1. Outline the DSM Diagnostic criteria for ADHD, including some of the limitations of applying these criteria to the diagnosis of adults.
2. Conduct a clinically informed interview which either rules in or out the diagnosis of ADHD, as well as any of the common comorbidities.
3. Review the treatment considerations of therapy and psychopharmacology.

Presenter(s): Perry Mandanis, MD

Expanding the Scope of Practice Using a Creative Staffing Model

After this session, attendees should be able to:

1. Describe the role of nurse practitioners (NPs) within healthcare teams that utilize a delegative physician model and other staffing models.
2. Evaluate the integration and utilization of student employees in an ambulatory care clinic.
3. Discuss strategies to maximize the scope of practice for healthcare professionals and enhance work experiences of student employees.

Presenter(s): Lauren Wehunt DNP, FNP-C (Berry College)

Affecting Systems Change by Problematizing Health Promotion Policies

After this session, attendees should be able to:

1. Define problematization as an approach to health promotion.
2. List “What’s the problem represented to be?” or WPR questions.
3. Apply WPR methods to advocate for systems change.

Presenter(s): Jordan Perry, MPH, MCHES (Appalachian State University)

Safe Choices: Modern Harm Reduction Strategies for College Life

After this session, attendees should be able to:

1. Describe reasons why college students may experiment with alcohol or drugs.
2. Explain Harm Reduction Theory.
3. Compare opinions and perceptions of common harm reduction strategies.
4. Describe how college faculty can reduce stigma of harm reduction strategies.

Presenter(s): Alexis E. Horace PharmD, BCACP (University of Louisiana at Monroe College of Pharmacy)

Connecting Peer Review to Continuous Quality Improvement

After this session, attendees should be able to:

1. Review AAAHC standards for peer review.
2. Establish a diagnosis-based peer review process.
3. Review AAAHC standards for a quality improvement program.

4. Demonstrate how data from the peer review process can be used to create quality improvement students and internal benchmarking.

Presenter(s): Arthi Krishnan, MD (Southern Methodist University); Robert Williams, MD, CPH (Sam Houston State University)

Fostering Resilience and Inclusivity through Trauma-Informed Care for Campus Well-Being

After this session, attendees should be able to:

1. Identify the core principles of trauma-informed care (TIC) and explain how they apply to healthy campus Initiatives.
2. Assess how trauma affects student outcomes.
3. Develop strategies for integrating TIC into academic and wellness support services.
4. Implement trauma-informed practices to mitigate the effects of secondary trauma and compassion fatigue among faculty and staff, promoting overall campus well-being.

Presenter(s): Rosanna Cacace-Zakhir, MA (University of California, Riverside)

Beat the Heat: Recognizing and Treating Exertional Heat Illness

After this session, attendees should be able to:

1. Define Exertional Heat Illness (EHI) and impact on physically active individuals.
2. Identify Signs and Symptoms of EHI.
3. Use Measuring Devices to Determine Safe Sport Participation.

Wednesday General Sessions

4:30 pm – 5:30 pm (cont.)

4. Discuss Return to Activity Guidelines for EHI.

Presenter(s): Andrew McBride, MD, CAQSM (Metropolitan State University of Denver); Wendy Sheppard MS, LAT, ATC (University of Richmond)

Supporting Student Sexual Wellness through Asynchronous Health Education

After this session, attendees should be able to:

1. Identify sexual health education needs and opportunities on a college campus.
2. Discuss the efficacy of asynchronous sexual health education using validated measures and student feedback.
3. Describe the process of designing, implementing, evaluating, and evolving an asynchronous sexual health program.
4. Apply process for developing asynchronous sexual health education to their own campus community.

Presenter(s): Lauren Cordova, MSEd (University of Pennsylvania)

Tuberculosis Risk and Early Detection in the U.S. College Population

After this session, attendees should be able to:

1. Discuss the risk of tuberculosis exposure in U.S. college and university students.
2. Compare the screening and testing strategies for identifying tuberculosis risk.

3. Plan clinical management for those with positive TB test results.

Presenter(s): Mary Woodring, DNP, MSN, APNP, FNP-BC, and Lynn Hacker, MPH/TM, MSN, BSN (University of Wisconsin Madison)

Integration with a Recreation Department: UHS Administrative Team Perspectives

After this session, attendees should be able to:

1. Compare departmental organizational charts and structures for integration.
2. Assess the integration's impact on students and clients, including student perspectives.
3. Discuss the importance of coordinating communications with staff and students.
4. Discuss the administrative and operations impact on health services' provision of care.

Presenter(s): Jen Swails, MBA, Ashley Campos, Tami Cate, and Damian Villalobos (University of California, Berkeley)

Evaluation and Dissemination of a Bereavement Support Program for LGBTQIA+ Youth

After this session, attendees should be able to:

1. Recognize the types of non-death losses experienced by LGBT youth, and the reasons for higher rates of bereavement and early death among this population.
2. Identify the psychosocial phenomenon of disenfranchised grief and suffocated grief among LGBTQ youth communities.
3. Describe best practices for counseling and supporting

bereaved LGBTQ youth and adolescents using approaches drawn from Healing-Centered Engagement.

Presenter(s): Bridget Hughes, MA, and Lazara Paz-Gonzalez, DrPH (The Hetrick-Martin Institute)

Learning to Manage Top College Derm Concerns

After this session, attendees should be able to:

1. Identify clinical features and evidence-based diagnostic criteria for common rashes such as seborrheic dermatitis, eczema, psoriasis, acne, and allergic skin reactions among a diverse college student population in a variety of skin tones.
2. Implement first-line treatment strategies for these skin conditions, tailored to their unique presentations in a diverse student health center setting.
3. Outline the top five steps to manage and treat these common skin conditions before referring to a dermatologist.

Presenter(s): Lauren Payne, MD, MS, FAAD (Flourish Dermatology and Aesthetics)

Holistic Well-Being: Adapting to the Changing Needs of Students

After this session, attendees should be able to:

1. Describe the impact of the changing values and priorities of Generation Z and other generational student populations on faculty and staff.
2. Outline how frameworks and strategies can be utilized to enhance campus well-being.
3. Evaluate practices and resources that address the

THURSDAY EVENTS, MEETINGS, & GENERAL SESSIONS

CONNECT. ENGAGE. EXPLORE.

6:15 am – 6:45 am

Sunrise Yoga

Greet the day with a gentle Yoga practice. Join Marguerite O'Brien, RYT 200 and colleagues as we gently stretch, flow, and energize our bodies, minds, and spirits. No experience necessary. Please bring a towel/mat/cushion to support your practice.

7:00 am - 5:00 pm

Registration

7:00 am

Opening Breakfast with Exhibitors

7:00 am - 4:00 pm

Exhibit Hall Open

Take time to visit the busy Exhibit Hall, where more than 80 companies will display their health-related products and services. Badges required.

Poster Displays

Posters are visual presentations of programs and research on a variety of campuses. Poster presenters will be available for questions during session breaks.

7:00 am – 8:30 am

American College Health Foundation (ACHF) Board of Directors: Awardee and Donor Breakfast

This is an invitation-only breakfast meeting of the foundation board of directors, major donors, and key industry partners to recognize and hear from 2025 Foundation scholarship and award winners.

7:00 am - 8:00 am

Rising and Current Volunteer Leader Coffee Hour

All meeting attendees are welcome to attend this informal meet and greet with current board of directors and volunteer leaders within ACHA. Speak with current ACHA leaders about their roles within ACHA, their journey into ACHA volunteer leadership and learn how you can get more involved with the association in areas that you are interested and passionate about.

7:00 am – 7:45 am

Mental Health Prescriber Discussion Group

Connect with fellow psychiatrists and psychiatric prescribers to discuss mutual areas of interest in providing psychiatric care to students.

8:00 am - 4:30 pm

Individual Mentoring Sessions

Advance sign-up required. If you have questions about your mentoring session, go to the ACHA Speaker and CE Support booth in the meeting registration area.

12:00 pm - 1:00 pm

Full Affiliate meetings

ACHA affiliate meetings are open to all members of the affiliate.

Central College Health Association Meeting

Mid-America College Health Association Meeting

Mid-Atlantic College Health Association Meeting

Thursday Meetings & Events (Cont.)

New England College Health Association Meeting and Networking

New York State College Health Association Meeting

North Central College Health Association Meeting and Networking

Ohio College Health Association Meeting and Networking

Pacific Coast College Health Association Meeting and Networking

Rocky Mountain College Health Association Meeting and Networking

Southern College Health Association Meeting and Networking

Southwest College Health Association Meeting

4:30 pm - 5:15 pm

Health and Well-Being Executive Leadership Section Executive Committee

ACHA section meetings are open to all members of the section.

Pharmacy Section and Leadership Meet and Greet

Calling all Pharmacy, Administration, Nurse Administrator, and Health and Well-Being Executive Leadership Section members to join us for the first Annual Pharmacy and Leadership Meet and Greet Event! We will be starting with a 10–15-minute presentation highlighting innovative, revenue generating, and student valued pharmacy services from various institutions throughout the country. Then network with colleagues and enjoy a few fun surprises, including an opportunity to move your body and show your competitive spirit.

College Health and Wellness Consulting

This session is designed for campuses seeking to make meaningful changes or improve their health and well-being services for students. Discover how the traditional consulting program and the new “lite” option can support your goals, explore the most relevant topics for consulting, and learn about the process and pricing in detail.

A Connection? The ACHA IPS, a Health Promotion Infrastructure Subscale, and Salutogenic Outcome KPIs

Join us as we provide a brief update on progress on creating shared salutogenic key performance indicators and identifying essential infrastructure benchmarks that the field needs to move forward. Together, we will review the ACHA Institutional Profile Survey for relevant data points to build out a Health Promotion process subscale. Everyone is welcome.

Epidemiology and Health Surveillance

Epidemiologists and college health professionals interested in health surveillance should attend to discuss the important role of surveillance in college health, exchange ideas, research, methodologies, and best practices to enhance public health efforts across institutions.

How to get Published in the Journal of American College Health

This open meeting is for any ACHA member who wants to learn the process and do's and don'ts of getting their article published in JACH. Speakers will be Editorial Review Board members and a representative of the publisher.

5:15 pm - 6:00 pm

LGBTQIA2S+ Community Space

Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual, Two Spirit, Plus (LGBTQIA2S+) identifying ACHA colleagues are invited to gather for some community care. Join us in a radically inclusive space where we can just be. Enjoy a calming atmosphere with self-guided activities.

Thursday General Sessions

8:00 am – 9:30 am

Engaging with the ACHA-NCHA Survey: Everything You Need to Know

After this session, attendees should be able to:

1. Identify the key topic areas covered in the ACHA-NCHA.
2. Describe ways the ACHA-NCHA survey data may be relevant to their work.
3. List benefits of the ACHA-NCHA they can promote to their institutions in order to support administering the survey and strategies to encourage student participation.

Presenter(s): Jennifer Jacobsen, MA, MPH (Macalester College)

Addiction Medicine Update for College Health Clinicians

After this session, attendees should be able to:

1. Explain how to use the DSM-5 criteria and the 4Cs shortcut to accurately diagnose substance use disorders.
2. Recognize common use and withdrawal syndromes for alcohol and cannabis use disorders.
3. Explain medication options for treatment of alcohol use disorder.
4. Discuss addiction medicine in college health settings.

Presenter(s): Chris Frank, MD, PhD (University of Michigan)

Nurturing Staff Sustainability and Retention Through Multi-Level Supportive Frameworks

After this session, attendees should be able to:

1. Describe current trends in student affairs employee satisfaction/retention with a focus on the experience of college health professionals.
2. Identify strategies to support staff at individual, interpersonal and organizational/community levels.

Presenter(s): Brittany O'Malley, MPH, CHES (University of Texas at Austin); Ashleigh Hala, MSW, LICSW (Massachusetts College of Liberal Arts)

Strategies For Enhancing Motivational Interviewing Skills with Collegiate Peer Leaders

After this session, attendees should be able to:

1. Describe the use of motivational interviewing to reduce at-risk behaviors and the adoption of health enhancing behaviors.
2. Develop targeted reflections that reinforce "change talk" and minimize "sustain talk" from at-risk college students.
3. Develop targeted open-ended questions that elicit "change talk" and minimize "sustain talk" from at-risk college students.

Presenter(s): Ralph Wood, PhD, CHES, Angela Wood, PhD, LCSW, MINT (Southeastern Louisiana University)

From Theory to Practice: Application of DEIJA in College Health

After this session, attendees should be able to:

1. Discuss key concepts related to diversity, equity, inclusion, justice, and accessibility.
2. Describe why addressing diversity, equity, inclusion, justice, and accessibility are critical for college health.
3. Apply diversity, equity, inclusion, justice, and accessibility concepts to various situations professionals may encounter in college health.

Presenter(s): Padma Entsuah, MPH, CHES, (Columbia University); Nadine Aktan, PhD, FNP-BC (Rutgers School of Nursing); Daniella Recaberran, PhD (University of North Carolina)

Strategic Planning, Identifying Key Performance Indicators, and Performing Leadership Rounds

After this session, attendees should be able to:

1. Describe the fundamentals of strategic planning in student health.
2. Utilize key performance indicators (KPIs) in student health services.
3. Implement leadership rounds to enhance communication and engagement in student health centers.

Presenter(s): Amy Magnuson, PhD, RD, and Hannah Stone (Florida State University)

8:00 am – 9:30 am (cont.)

Thursday General Sessions

Broadening the Scope of Your Practice Through Collaboration and Integration of Mental and Physical Health

After this session, attendees should be able to:

1. Identify the benefits and need for mental health collaborative care within college health and the application of this model to increase access to mental health resources and care.
2. Recognize the value and importance of mental health screenings in a medical clinic and the structure and value of integrated care both in the clinic and on campus.
3. Identify the integration of counseling and clinic as well as how to collaborate with other departments on campus.
4. Define the value to student success from this holistic approach.

Presenter(s): Judy Frueh, WHNP, BC, Kristen Peltz, MS, LPC, and Susan Watson, MD (Northwest Missouri State University); DeeAnna Hess, DO (Oregon State University); Tyson Alexander, LMFT, MMFT and Shelby Hanigan, DNP, MSN, RN, FNP-C (Abilene Christian University)

Ordinary and Presumptive Trauma: Tools for Understanding Queer and Trans Pain

After this session, attendees should be able to:

1. Explain how systems of oppression interlock with traumatic experiences through the concept of "ordinary trauma."

2. Evaluate existing health and well-being resources using a systems-level analysis of oppression.
3. Apply the concepts of "ordinary trauma" and "presumptive trauma" to health and well-being work.

Presenter(s): Sam Shelton, MA (Iowa State University)

Nursing Hot Topics

After this session, attendees should be able to:

1. Recognize the principles of effective documentation, common documentation mistakes, and how to avoid errors.
2. Apply the principles of infection prevention.
3. Apply evidence-based practice in triage decision-making.
4. Develop strategies to enhance nursing staff retention and recruitment.
5. Describe the nursing role in management of sexually transmitted infections (STIs).

Presenter(s): Deborah Hester, RN, BSN (Sam Houston State University); Jacqueline Hop, DNP, MBA, RN, CPN, CIC (University of Central Florida); Chendamani Beaty, RN, MSN (University of Georgia); Corliss Gossett, RN, BSN (School of the Art Institute of Chicago)

Clinical Medicine and Advanced Practice Clinicians Hot Topics: Mycoplasma Genitalium, Pertussis, and the Pitfalls of GLP-1s

After this session, attendees should be able to:

1. Discuss the current state of mycoplasma genitalium, including challenges, best practices, and available resources.

2. Discuss the current state of pertussis, including epidemiology, diagnosis, treatment, antibiotic prophylaxis for close contacts, and vaccination strategies for prevention.
3. Discuss the current state of GLP-1 agonist prescribing in a patient population with high prevalence of eating disorders, including challenges, best practices, and available resources.

Presenter(s): John Laury, MSN, CRNP (University of Pennsylvania); Hunter Spotts, MD, FAAFP (Duke University); Cathryn Imperato, DNP, NP-C (University of California, Berkeley)

Increasing Access to Long-Acting Reversible Contraception (LARC): Providing Students with Reliable Reproductive Health Options

After this session, attendees should be able to:

1. Identify unintended pregnancy rates and their risks.
2. Describe how to discuss birth control options such as LARC and combat misinformation.
3. Discuss LARC and the program currently established at University of Texas Rio Grande Valley (UTRGV).
4. Provide tools for implementation of a LARC program and training models.

Thursday General Sessions

8:00 am – 9:30 am (cont.)

5. Identify common challenges seen with LARC insertions or removals.

Presenter(s): Lindsay Phillips, MD, MSc (Rochester Institute of Technology); Susan Ernst, MD (University of Michigan); Yakira Teitel, MD, MPH (Bard College); Angela Tanguma, MSN, APRN, FNP-BC, MSCP, and Amanda Rodriguez, MSN, APRN, FNP-C (University of Texas Rio Grande Valley); Eleanore Kim, MD (University of California, Berkeley)

How to Apply the ACHA Well-being Assessment to your Assessment and Evaluation Needs

After this session, attendees should be able to:

1. Identify and apply measures of well-being to your institution's assessment and evaluation needs.
2. Interpret well-being data with consideration for your institution's unique needs, interests, and values.
3. Apply well-being measurement data to your institution's assessment and evaluation needs.

Presenter(s): Nicole Brocato, PhD (Gallium Social Sciences); Mary Hoban, PhD, MCHES (American College Health Association)

10:00 am – 11:30 am

Navigating the Basics of Sexually Transmitted Infection Screening: A Practical Approach

After this session, attendees should be able to:

1. Describe updated guidelines for routine HIV screening.
2. Analyze best practices for routine and symptom based STI screening.
3. Explore strategies for enhancing STI screening rates and policy implementation.

Presenter(s): Paul Broker, MD, AAHIVS (University of Texas Southwestern Medical Center)

Creating Holistic Gender Affirming Care Across College Campuses and Healthcare Systems

After this session, attendees should be able to:

1. Describe multiple approaches to holistic gender affirming care.
2. Evaluate deficits of care and internalized biases of providers and staff.
3. Discuss the benefits and importance of a holistic care model on college campuses.
4. Apply tools and skills for integrating interdisciplinary practices.

Presenter(s): Tay Richardson, MS, APCC, and Tay McCavanagh, PsyD, Mely Quiroz, BA, MA, MS, APCC (University of California San Diego)

ACHA Advocacy and Government Relations Update

After this session, attendees should be able to:

1. Explain the purpose of the College Health Index.
2. Name other federal advocacy issues ACHA is working on at the Federal level.
3. List four tools used by the ACHA advocacy committee to impact policy and raise ACHA's profile among policy-makers.
4. Indicate four ways that ACHA members can support advocacy efforts.

Presenter(s): James Wilkinson, MA, CAE (American College Health Association); Jason Marmon, MA, JD (Active Policy Solutions); Rita O'Neill, JD, MHA (University of Southern California)

2025 ACHA-NCHA Annual Update

After this session, attendees should be able to:

1. Identify findings of analyses using NCHA data published in peer reviewed journals within the last 12 months.
2. Discuss findings and identify trends from the first six years NCHA III implementations.
3. Recognize updates from the ACHA Research Team and announcements about the 2025-2026 NCHA implementation.

Presenter(s): Mary Hoban, PhD, MCHES, Christine Kukich, MS (American College Health Association); Alyssa Lederer, PhD, MPH, MCHES (Indiana University School of Public Health-Bloomington)

Thursday General Sessions

10:00 am – 11:30 am (cont.)

Navigating Campus Support for Diverse Communities with Eating Disorders

After this session, attendees should be able to:

1. Describe what it means to have cultural humility as providers while working with ethnically diverse students.
2. Discuss the importance of adjusting dietetic interventions and practices within the student health center.
3. Identify the need for modifications in evidence-based practices (EBPs) as well as advocating for additional campus resources.
4. Explain case examples where cultural factors were identified.

Presenter(s): Dani Gonzales, PsyD, NRHSP, Michelle Katz, MS, RD, MPH, CHES, and Tiffany Nakamura, LPCC (University of Southern California)

Best Practices in Providing Affirmative Mental Health Care to Students Who Engage in Sex Work

After this session, attendees should be able to:

1. Define stigmatic beliefs that create barriers to student sex workers seeking mental health treatment in university counseling settings.
2. Explain psychiatric diagnoses that consider unique environmental stressors for student sex workers.

3. Identify affirmative psychotherapy interventions in treatment with student sex workers.

Presenter(s): Wardeh Hattab, LCSW-R, CST (Columbia University)

Borgs, Bongos, and the Evolution of Prevention

After this session, attendees should be able to:

1. Discuss perceptions of the word “prevention,” and barriers we face when we bring up prevention with college students.
2. Outline the history of abstinence-based prevention and where it has fallen short, particularly with marginalized and vulnerable populations.
3. Identify current cannabis and alcohol trends, and the efficacy of harm reduction in the college population.
4. Discuss conversation starters and practical harm reduction strategies to use with college students.

Presenter(s): Marissa Whitaker, MS (State University of New York at Cortland)

Health Promotion Section Hot Topics: Hot Topics Lightning Rounds

After this session, attendees should be able to:

1. Explain approaches to supervision that are conducive to advancing the process of health promotion.

2. Outline organizational structures well-suited to advance health promotion units within higher education.

Presenter(s): Kelly Gorman, MSc (University at Albany, State University of New York); Ashleigh Hala, BSW, MSW (Massachusetts College of Liberal Arts); Brittany O'Malley, MPH, CHES (University of Texas at Austin);

ACHA and JUHA Joint Session: Different “Programs in Practice” Across Three Countries (Canada, USA, Japan)

After this session, attendees should be able to:

1. Discuss the history and background of the ACHA and JUHA joint session.
2. Describe programs in practice that support student mental health in Canada.
3. Describe programs in practice that support student mental health in U.S.
4. Describe programs in practice that support student mental health in Japan.

Presenter(s): Mayumi Yamamoto, MD, PhD, MBA, and Ryo Horita, PhD, CP, CPP (Gifu University); Junko Okuyama, MD, PhD, CP (Shokei Gakuin University); Sandra Koppert, BCom (Mental Health Commission of Canada); David Pilon, PhD (Dalhousie University); Marcus Hotaling, PhD (Union College); Joyce Dewitt-Parker, PhD (University at Albany, State University of New York); Marcus Hotaling, PhD (Union College)

Thursday General Sessions

10:00 am – 11:30 am (cont.)

Improving College Health with Epidemiology: Tools for Success

After this session, attendees should be able to:

1. Describe the role of an epidemiologist in a college health center.
2. Implement epidemiology in a college health center.
3. Outline tools and resources to effectively utilize epidemiology in college health.

Presenter(s): Angie Ghanem-Uzqueda, PhD, MPH (University of Southern California); Elizabeth Edwards, MPS (University of Michigan); Rina Rosnow, MPH (The University of Pennsylvania)

Optimizing Contraception Prescribing

After this session, attendees should be able to:

1. Describe three barriers students may experience in accessing contraceptive services.
2. List three medical contraindications to combined hormonal contraceptive like the pill, patch, or ring.
3. Explain the program structure and workflow of a health portal for evaluation and prescribing of contraceptive methods

Presenter(s): Eleanore Kim, MD, and Efren Bose, MA, PharmD (University of California, Berkeley)

It Takes a Village: Expanding

a Rape Crisis Response Beyond Your Campus Survivor Support Office

After this session, attendees should be able to:

1. Define key elements of holistic and multidisciplinary care in university health settings, specifically for survivors of gender and power-based harm.
2. Discuss approaches and protocols to collaborating with at least three key campus stakeholders in addressing survivors' needs.
3. Identify practical strategies to engage in collaborative service delivery to resolve the gap in care for student survivors within university health centers.

Presenter(s): Gaby Tiscareno-Atilano, BA, and Sarah Randazzo, LMFT (University of Southern California)

1:30 pm – 2:30 pm

Leveraging Business Maturity Models for Organizational Growth: A Case Study from CU Boulder's Division of Health and Wellness

After this session, attendees should be able to:

1. Use organizational assessment tools to document an organization's current state, develop a future vision, and compare capabilities and outcomes over time, with a focus on health and wellness organizations in higher education.
2. Apply a business maturity model framework to assess organizational strengths and gaps, inform strategic planning, and support key performance indicators (KPIs).
3. Analyze the results of the maturity model assessment to understand internal and external perceptions of the organization.
4. Describe strategies for leveraging the information to drive organizational growth and development.

Presenter(s): Jessica Doty, EdD, and Michael Klitzke, MA (University of Colorado Boulder)

Register before April 16, 2025 to receive the discounted rate!

Thursday General Sessions

1:30 pm – 2:30 pm (cont.)

Increasing Collaboration and Reducing Mental Health Stigma through an Athlete Care Team (ACT)

After this session, attendees should be able to:

1. Identify best practices and population-specific considerations related to student-athlete mental health, wellness, and basic needs.
2. Discuss a small-scale application of the larger care team model to support student-athletes.

Presenter(s): Lindsay Wetzel Polin, MA, CHES (Cal State Monterey Bay)

Beyond the Prescription Pad: Non-Hormonal Interventions for Supporting Gender Identity

After this session, attendees should be able to:

1. Recognize common areas of dysphoria in individuals who identify as transgender or gender diverse.
2. Describe specific non-hormonal interventions that may lessen dysphoria in individuals who identify as transgender or gender diverse.
3. Identify resources and collaborative partnerships that can support individuals as well as health care professionals, in non-hormonal interventions.

Presenter(s): Ellen Goldberg, MSN, RN (East Carolina University); Penny Jacobs, CRNP-FNP (University of Maryland)

Eating Disorders: Identification, Medical Management and Interdisciplinary Referral

After this session, attendees should be able to:

1. Describe why and how to screen for eating disorders.
2. Define the role of the medical provider in the care of eating disorders.
3. Recognize when to refer for higher level of care.

Presenter(s): Courtney Salaway, RN, MSN, FNP-BC, and Kathryn Shepley, RN, MSN, CPNP (University of Virginia)

Empowering Students to Overcome Barriers to Bystander Engagement in Settings Where College Students are at Risk of Sexual Assault

After this session, attendees should be able to:

1. Identify student perceptions regarding the major barriers to bystander engagement in settings where college students are at risk of sexual assault.
2. Explain why bystanders fail to engage in settings that are specific to the risk of sexual assault.
3. Analyze barriers in their university/college sexual assault prevention programs.
4. Develop a best practices bystander education program that empowers students to overcome barriers in settings where college students are at risk of sexual assault on college campuses.

Presenter(s): Rick Haasl, MEd, EdD (West Texas Agricultural and Mechanical University)

Telemedicine in Higher Education: Evaluating Appointment Type Effectiveness in Primary Care for Scalability and Efficiency

After this session, attendees should be able to:

1. Distinguish between types of appointments that are best suited for telemedicine versus in-person consultations.
2. Analyze data-driven insights to make informed decisions about the implementation and scaling of telemedicine services in their respective institutions.
3. Identify the potential benefits of telemedicine, operational efficiency, and improved patient access.
4. Compare the utilization of internal telemedicine resources to contracted vendor.

Presenter(s): Trina Ridout, MD, MEd, Roanna Kessler, MD, Shaherbano Khalid, MPH, and Kathy Linne von Berg, MD (Johns Hopkins University)

Thursday General Sessions

1:30 pm – 2:30 pm (cont.)

Our Yeast Was Rising, Recurrent and Resistant: What we did when we noticed a trend

After this session, attendees should be able to:

1. Describe the current recommendations for identification of recurrent vaginal yeast infection and treatment recommendations.
2. Describe the epidemiology of recurrent vulvovaginal yeast infections, including fluconazole resistant candida albicans, in a college health center.
3. Describe how working with your clinic's lab and infection prevention team can improve patient outcome and inform patient care.

Presenter(s): Monique Steel, MSN, WHNP-BC, RN, and Elizabeth Edwards, MPH (University of Michigan)

An Integrated Care Approach to Effective and Equitable ADHD Assessment in Campus Settings

After this session, attendees should be able to:

1. Recognize unique presentations of ADHD in college students.
2. Identify tools for integrated health practitioners to address biases and barriers that drive diagnostic disparities.
3. Develop skills for collaboration, empowerment, and advocacy in the ADHD treatment process..

Presenter(s): Kelli Howard, PhD, LP, and Nicole (Gigi) Giordano, PhD, LP (University of Saint Thomas)

A Blueprint for Campus Partners to Involve Students in Strategic Programming

After this session, attendees should be able to:

1. Discuss three areas of student needs referenced in past university studies.
2. Evaluate two pathways for student collaboration used at NC State.

Presenter(s): Cameron Nix, CHES, BS (North Carolina State University)

Serving the Neurodiverse College Student

After this session, attendees should be able to:

1. Describe communication and interaction strategies to use with neurodiverse students to improve their educational outcomes and campus experience.
2. Discuss how to implement accommodations for neurodiverse students.
3. Identify risk factors for suicidality, co-occurring mental health disorders, and substance use disorder for the neurodiverse student population.

Presenter(s): Daniel Liles, MS, PhD (University of North Carolina)

Healthcare and Mental Health Service Utilization Among South Asian College Students

After this session, attendees should be able to:

1. Evaluate ways in which South Asian sociocultural factors impact views about mental health, barriers to help-seeking, and interactions with healthcare systems among members of the South Asian community.

2. Compare patterns of health care and mental health care utilization between college students of South Asian descent, Asian students of non-South Asian descent, and Caucasian students.
3. Apply findings to inform efforts to understand and reduce disparities in mental health service utilization.

Presenter(s): Suraj Chaturvedi, Keshv Srinivasan, Kevin Bobby, Brittany Boyer, PhD, and Andrew Alan (The University of Texas at Austin)

3:00 pm – 4:00 pm

Applications for AI in Student Health Today

After this session, attendees should be able to:

1. Explain five ways to use GPT in college health (administration and clinical).
2. Identify three ways GPT can be risky and ways to mitigate the risk.
3. Describe how to lead with AI.

Presenter(s): Frank Dang, and John Bollard (University of California, Santa Cruz)

Transforming the Classroom: Exciting and Interactive Techniques for Our College Health Classroom

After this session, attendees should be able to:

1. Describe the importance of student engagement in health classrooms.

Thursday General Sessions

3:00 pm – 4:00 pm (cont.)

2. Explain the importance of using interactive teaching strategies in health classrooms.
3. Explain the importance of including diversity when teaching health education.

Presenter(s): Larry Olsen, DrPH, MCHES, and Stephan Goodwin, PhD (University of Delaware); Shelly Krajany, PhD, CHES (University of Kentucky)

Revolutionizing Campus Crisis Response Through Student Well-Being and Intervention Follow Up Teams (SWIFT)

After this session, attendees should be able to:

1. Identify the key components of mobile mental health crisis intervention models and how they reduce law enforcement involvement in non-violent crises.
2. Assess strategies to overcome implementation challenges and sustain campus-wide support for mental health crisis intervention models.

Presenter(s): Ginger Wilkerson, PsyD, LMFT (University of California, Riverside)

A Discussion on Evaluating and De-Labeling Inaccurate Penicillin Allergies

After this session, attendees should be able to:

1. Identify the need to address penicillin allergies.
2. Distinguish validated models to assess penicillin allergy risk.

3. Describe a process for penicillin direct oral challenge.

Presenter(s): Denise Savage-Desai, DNP, APRN, FNP-C (Vanderbilt University)

From Tabletops to Trainings: Lessons on Managing Mass Casualty Events

After this session, attendees should be able to:

1. Identify the number one cause of preventable traumatic death (which includes violence) and how to prevent it.
2. Execute an exercise with an external community partner to practice responding to mass casualties related to violence.

Presenter(s): Spencer Wong, MD FAAFP, TECC/TEMS-T (California State University-East Bay)

Feeding Futures: Confronting Food Insecurity on University Campuses

After this session, attendees should be able to:

1. Define food insecurity and the scope of the problem on college campuses.
2. Discuss common and creative solutions to food insecurity on college campuses.
3. Identify factors specific to your campus that may impact food security.
4. Develop solutions specific to your campus that can improve food insecurity for the student body.

Presenter(s): Ebony Copeland, MD, MPH, Xiomara Francis, MPH, Jordan Everett, MPH, CHES, and Paris Adon, EdD, MSA (Howard University)

Transforming Alcohol Intervention: Ethical Insights from College Students for University Health Practitioners and Staff

After this session, attendees should be able to:

1. Discuss the current landscape of alcohol consumption research and alcohol-related health services on campus.
2. Outline the significance of integrating participant perspectives into the design, implementation, and follow-up procedures of alcohol use programs to improve student outcomes.
3. Identify gaps in current standard practice when managing information related to high-risk students.
4. Develop best practices for collaborative efforts between researchers and health services in planning, implementing, and evaluating alcohol and substance use programs, with an emphasis on student preferences and well-being.

Presenter(s): Benjamin Montemayor, PhD, and Arham Hassan (West Texas Agricultural and Mechanical University)

Defining Scope of Student Health Services

After this session, attendees should be able to:

1. Define current scope of the student health center.
2. Evaluate a service for addition to scope.
3. Assess downstream implications of the student health center's scope of services.

Presenter(s): James Jacobs, MD, PhD (Stanford University)

Thursday General Sessions

3:00 pm – 4:00 pm (cont.)

Improving IUD Insertion Experience: The Impact of Counseling and Pain Management Interventions

After this session, attendees should be able to:

1. Describe the rationale for improved pain management with IUD insertions.
2. Demonstrate competence in counseling prior to IUD insertion.
3. Identify available evidence-based pain management interventions for IUD insertion.
4. Outline steps to integrating standardized counseling and pain management interventions into clinical practice.

Presenter(s): Iris Turay, CRNP, WHNP, and Symone Stephens, CRNP, WHNP (Johns Hopkins University)

Bridging the Gap: Integrating Student Health and Mental Health Services in California Community Colleges

After this session, attendees should be able to:

1. Describe three characteristics of California community colleges with student health services programs (SHSPs).
2. Compare community colleges with greater degree of integration to lower degree of integration by school size, organizational capacity, staffing, funding/revenue, student programming, and supervision/training structure.

3. Identify at least three strategies for improved student health and mental health services integration among community colleges.

Presenter(s): Nicole Johnson, RN, PHN, MSN (Cuesta Community College); Elizabeth Perelli, RN, MS, APRN (Health Services Association of California Community Colleges); Sang Leng Trieu, DrPhD (Ohlone Community College)

Building an Ecosystem of Prevention with Data-Driven Student Onboarding Courses

After this session, attendees should be able to:

1. Explain the core concepts of learning engineering.
2. Describe the process of aligning online wellness courses with learning engineering core concepts.
3. Identify how data from onboarding programs designed with learning engineering concepts can inform prevention planning throughout the academic year.
4. Evaluate how the resulting “health promotion ecosystem model” can be applied to year-round prevention planning and engagement of stakeholders from across the institution.

Presenter(s): Rebecca Harrington, MA (State University of New York at Delhi); Erin Czerwinski (Carnegie Mellon University)

Student Health Clinics: To Bill or Not to Bill Payers for Services, the Legal Implications, Risks, and Strategies for Complying with the Law and Reducing Risks

After this session, attendees should be able to:

1. Describe the various ways universities fund the student health clinics.
2. Describe some of the legal requirements with certain funding models, but mostly billing federal health care program.
3. Identify some of the most common legal and compliance risks and challenges with billing federal health care programs.
4. Describe strategies to consider for complying with the law and reducing risk.

Presenter(s): Andrew Schillinger, JD (Foster Garvey PC); Joel Schwartzkopf, DPAS, MBA (University of Washington)

Add Pre-Conference Workshops at any time!

Even if you've already registered! Just log back into your original registration, and indicate the workshops you'd like to add.

FRIDAY EVENTS, MEETINGS, & GENERAL SESSIONS

CONNECT. ENGAGE. EXPLORE.

6:00 am - 7:00 am

Fun Run/Walk

Join your colleagues for a run/walk around the streets of New Orleans. Runners and walkers of all levels are encouraged to come out and join the fun! Maps for 5k and 1 mile distances will be provided onsite.

6:15 am - 6:45 am

Sunrise Yoga

Greet the day with a gentle yoga practice. Join Marguerite O'Brien, RYT 200 and colleagues as we gently stretch, flow, and energize our bodies, minds, and spirits. No experience necessary. Please bring a towel/mat/cushion to support your practice.

7:00 am - 8:00 am

Let's Talk About It

Bring your breakfast and join your ACHA colleagues for small-group discussions on navigating the evolving sociopolitical landscape in college health and well-being. Together, we will reflect and exchange perspectives about how we can uphold mission-drive, values-based, and evidence-informed practices using approaches that support growth, resilience, and continued advancement of health and well-being. All perspectives and experiences are welcome as we engage in thoughtful discussion, reflection, and collective problem-solving.

7:00 am - 5:00 pm

Registration

7:00 am

Continental Breakfast with Exhibitors

7:00 am - 1:30 pm

Exhibit Hall Open

Take time to visit the busy Exhibit Hall, where more than 80 companies will display their health-related products and services. Badges required.

7:00 am - 2:30 pm

Poster Displays

Posters are visual presentations of programs and research on a variety of campuses. Poster presenters will be available for questions during session breaks.

7:00 am - 7:45 am

Lookout Mountain Group

The Lookout Mountain Group (LMG) is an informal group of college health leaders who think strategically about best practices and innovations in college health. Anyone interested is welcome to attend.

JACH Editorial Review Board

This is a closed meeting of the Editorial Review Board of the Journal of American College Health (JACH).

12:00 pm - 1:00 pm

Dorosin Memorial Lecture

See Featured Events for more information. (Note that you may bring a lunch with you.)

Pharmacy Section Networking

Bring your lunch and talk with your colleagues about current issues in college health pharmacy.

4:15 pm - 5:00 pm

Assembly of Representatives

If you are a qualified voting member of ACHA, plan to attend the 2025 Assembly of Representatives and help shape the governance of ACHA by voting on recommended bylaws amendments. You'll also hear reports from the ACHA CEO and treasurer, plus the ACHF Chair. In addition, the incoming ACHA President will give an address.

Friday General Sessions

8:00 am – 9:30 am

Pre-Exposure Prophylaxis for HIV Prevention Case Scenarios: Applying Knowledge to Practice

After this session, attendees should be able to:

1. Describe the indications for PrEP in diverse populations.
2. Apply clinical decision making for PrEP medication choices.
3. Enhance PrEP adherence and risk reduction counseling strategies with an in-depth review of specific populations.

Presenter(s): Paul Broker, MD, AAHIVS (University of Texas Southwestern Medical Center)

Do 'Well-Being' Surveys Measure Up?

After this session, attendees should be able to:

1. Define the unique terms of flourishing, resilience, wellness, and well-being.
2. Analyze the language of common assessments.
3. Describe specific assessment tools.
4. Plan application of proper assessment tools effectively evaluating interventions mitigating disparities in subpopulations.

Presenter(s): Andrea Kimura, MEd, CHES, CWHC (University of Missouri-Columbia)

College Health and Well-Being Data Hub Updates

After this session, attendees should be able to:

1. Describe progress in the Data Hub over the last year.
2. Outline Data Hub eligibility and access.
3. Demonstrate Data Hub capabilities.
4. Describe results from the IPS and trends in findings.

Presenter(s): Kawai Tanabe, MPH, and Mary Hoban, PhD (American College Health Association); Sarah Van Orman, MD, MMM, FACHA (University of Southern California); Giang Nguyen, MD, MPH, MSCE, FAAFP (Harvard University)

Elevating and Reimagining AOD Prevention, Intervention, and Recovery Practices within a Health-Promoting Campus Framework

After this session, attendees should be able to:

1. Define the key elements of a health promoting campus and the concepts that comprise its foundation.
2. Articulate how AOD prevention and intervention science and the work that has informed our prevention, intervention, and recovery practices are consonant and consistent with a health promoting campus approach.

3. Describe tools and strategies to engage in proactive dialogues with health promoting campus leaders and groups at their institutions that will help their institutions understand the alignment between broader campus goals and AOD prevention, intervention,

Presenter(s): M. Dolores Cimini, PhD (University at Albany); Ahmed Hosni (The Ohio State University); Richard Lucey (Drug Enforcement Administration); Paula Lee Swinford, MS, MHA (University of Southern California)

Technology Use, AI, and Mental Health: Digital Wellness in the Modern Age

After this session, attendees should be able to:

1. Discuss research findings on mental health impact of unhealthy technology and unhealthy media use.
2. Describe findings from our national study on current state, strength and gaps of current campus based digital wellness programs.
3. Discuss strategies to use technology in healthy ways including healthy technology use, and mindful technology use.
4. Describe a unique tool called a "personal media plan" to help students create a plan to use technology in ways that support their mental health.
5. Identify common clinical scenarios where screening and intervention for unhealthy technology use may be beneficial.

Presenter(s): Ryan Patel, DO, FAPA (The Ohio State University); Adam Dodge, JD (EndTAB)

Friday General Sessions

8:00 am – 9:30 am (cont.)

Diagnosis and Treatment of Avoidant/Restrictive Food Intake Disorder (ARFID)

After this session, attendees should be able to:

1. Identify core symptomology and epidemiology of avoidant/restrictive food intake disorder (ARFID) in adults.
2. Discuss the medical complications of ARFID.
3. Outline ARFID evaluation measures for adults.
4. Review medical and psychological treatment for ARFID in adults.

Presenter(s): Chantal Gil, PsyD, and Melanie Trost, MD (Duke University)

Burning Out: An Integrative, Trauma-Informed Approach to Addressing and Healing Vicarious Trauma, Burnout and Compassion Fatigue in University Healthcare Professions

After this session, attendees should be able to:

1. Describe the basic neurobiological principles of trauma and burnout.
2. Distinguish between signs of vicarious trauma, re-traumatization, burnout and compassion fatigue.
3. Evaluate at least two centering and grounding skills to implement while providing care to patients.

Presenter(s): Anneka Busse, PsyD, MMFT, and Megan Ensley, PsyD (University of Southern California)

Administration Hot Topics

After this session, attendees should be able to:

1. Discuss current relevant, and important topics in Administration.
2. Describe related challenges and issues facing college health administrators.
3. Identify tools and resources for best practices.

Presenter(s): Amelia Ross, BA, and Shannon Kuykendall, CPC (University of Georgia); Laurel Halsey, MBA (Colorado State University); Amy Magnuson, PhD, RD, LD (Florida State University); Carman North, MPH, CPH (University of Tennessee, Knoxville); Sarah Doss, MD, MPH (Texas State University); Daniella Vargas (University of New Mexico)

Acute Treatment and Prevention of Pediatric and Adolescent Migraine

After this session, attendees should be able to:

1. Review the pathophysiology and phases of migraine.
2. Discuss the key components of history, physical exam, labs, and imaging for patients with migraine.
3. Review the diagnostic criteria for the most common primary headache syndromes seen in pediatric/teen populations.
4. Outline the options for acute treatment of migraine.
5. Outline the options for preventive treatment of migraine.

Presenter(s): Gage Rodriguez, MD (Ochsner Medical Center)

Clinical Foundations for

College Health

After this session, attendees should be able to:

1. Describe an approach to history, diagnosis, treatment and patient education for sore throat.
2. Describe an approach to history, diagnosis, treatment and patient education for cough.
3. Describe an approach to history, diagnosis, treatment and patient education for head injury.
4. Describe an approach to history, diagnosis, treatment and patient education for penile and scrotal complaints.

Presenter(s): Davis Smith, MD (University of Connecticut); Kimberly Tilley, MD (University of Southern California); James Jacobs, MD, PhD (Stanford University)

Giving Voice to Values: The Development and Application of an Anti-Racist Lens in College Health

After this session, attendees should be able to:

1. Describe a process for developing an anti-racist lens.
2. Identify two common racist practices within health promotion or the healthcare delivery process.
3. Identify two anti-racist practices that can be applied within health promotion or the healthcare delivery process.

Presenter(s): Joleen Nevers, MAEd, CHES, CSE, CSES, FACHA (Southern New Hampshire University); Davis Smith, MD (University of Connecticut); Kelly Gorman, MSc (University at Albany, State University of New York (SUNY))

Friday General Sessions

8:00 am – 9:30 am (cont.)

Executive Leaders in Well-Being: Roles and Responsibilities

After this session, attendees should be able to:

1. Describe the role of CWO/AVP/AVC of Health and Well-Being
2. Describe various organizational structures among health and well-being units.
3. Describe the pathways that lead to this role.
4. Describe challenges of this role.

Presenter(s): Anna Fitch Courie, DNP, RN, PHNA-BC, (Clemson University); Oliver Tacto, DSW, MPH, CHES (Maryville University); Joel Schwarzkopf, DPAS, MBA, FACHE (University of Washington); LaNika Wright, PhD, WHNP-BC, SANE-A (East Carolina University); Sherra' Watkins, PhD, LCMHC-S, LCAS, CCS, CRC (University of Utah)

3. Implement measures that evaluate outcomes through the lens of campus priorities.
4. Outline their next steps to center their health services on their campuses.

Presenter(s): Laurel Halsey, MBA, Jody Donovan, PhD, MBA, and Adam Sargent, PhD (Colorado State University)

A Slice of Sunbelt: A Forum for Thought Leaders in College Health

After this session, attendees should be able to:

1. Describe the Sunbelt meeting format.
2. Discuss four to five current, relative, and important topics in college health, modeling the format used at the Sunbelt Directors and Administrators Meeting.
3. Identify best practices and resources, how to share them, and how to use them in your practice.
4. Describe how to replicate the Sunbelt meeting format.

Presenter(s): Kathy Carstens, BSN, RN-BC (Davidson College); Katrin Wesner-Harts, EdD, FACHA (University of North Carolina Wilmington); Courtney Hinton, DO, MBA (North Carolina State University)

Bone Stress Injuries: A Multidisciplinary Approach to Identification, Management, and Prevention

After this session, attendees should be able to:

1. Define Bone Stress Injuries.
2. Describe risk factors with specific focus on Relative Energy Deficiency-Sport in female students.
3. Discuss management and treatment (secondary prevention).
4. Design strategies for primary prevention.

Presenter(s): Chad Wagner, MD, CAQ, PCSM, and Alicia Bosscher, RMPH, RDN (University of Wisconsin-Madison University)

Increasing Access to Abortion Care on College and University Campuses

After this session, attendees should be able to:

1. Recognize common misconceptions about providing abortion on college campuses.
2. Identify challenges to implementing medication abortion in college health centers.
3. Assess strategies to overcome challenges to implementing medication abortion in college health centers.
4. Describe how to prepare to introduce medication abortion care (or referrals) to one's college health center.

Presenter(s): Yakira Teitel, MD, MPH (Bard College); Kalei Ensminger, FNP-BC (Salem State University); Tamara Marzouk, MPH, LCSW (Advocates for Youth); Annie Sumberg, MPH (Essential Access Health); Rory Tito, MPH (Reproductive Health Access Project)

10:00 am – 11:30 am

Centering Health in Campus Planning: Relationships and Strategies

After this session, attendees should be able to:

1. Apply your strengths and your team's strengths in relation to your university's priorities and values.
2. Describe student health activities through context and language of academic success and institutional standing -- reframing impact of the student health center through student success.

Friday General Sessions

10:00 am – 11:30 am (cont.)

Building an Integrated Health and Well-Being Division: Lessons Learned from Data to Action

After this session, attendees should be able to:

1. Describe key components for success for creating an integrated health and wellbeing division supporting students, faculty and staff.
2. Outline a potential structure for an integrated health team including four pillars.
3. List phases of strategic planning for health and well-being divisions.
4. Explain data collection strategies that can be used to understand and prioritize health and well-being needs of your university community.

Presenter(s): Alexis Travis, PhD, Patty Oehmke, PhD, and Kristin Traskie, MPH, ACSM-CPT, NBHWC, CHWP (Michigan State University)

Supporting Psychosocial Well-Being in College Students Experiencing Hospitalization and Chronic Illness

After this session, attendees should be able to:

1. Identify the common psychosocial responses to hospitalization in adolescents and emerging adults and correlations with student well-being.
2. Assess stress potential in students experiencing hospitalization and new health diagnoses, along with college life reintegration and academic success.

3. Evaluate the role of university professionals in a student's ecological system and continuity of care when experiencing healthcare stressors and transitions.

Presenter(s): Savannah Self, MS, CCLS (University of North Carolina Wilmington; Bradley University)

High Hopes: Expanding Collaboration for Comprehensive Substance Abuse Treatment in the University Health System

After this session, attendees should be able to:

1. Describe ways to increase visibility and access on and off campus through outreach efforts.
2. Identify ways to integrate a multidisciplinary team to support students struggling with substance use.
3. Outline ways to enhance substance use education and skills within the medical, counseling, and other departments.

Presenter(s): Summer Nadel, PsyD, and Ryan Brown-Tyler, PsyD (University of Southern California); Christiana Grotlisch, LCSW (Keck School of Medicine/ University of Southern California)

Two Campuses, One Goal: Novel Technological Approaches to Increase STI Testing

After this session, attendees should be able to:

1. Discuss barriers to asymptomatic STI testing on campus identified through focus group interviews.
2. Describe how these barriers were addressed through the study's recruitment plan and intervention.
3. List the appropriate self-directed and self-collected STI tests to offer to the college-aged population.
4. Identify the aspects of and options for an online screening questionnaire to assess a student's risk factors for certain STIs.
5. Compare outcomes from previous non-intervention years with the results post implementation.

Presenter(s): Jessica Harley, DNP, and Megan Symanowitz, PhD, RN (George Mason University); Allison Jedson, DNP, COHN-s (University of Rhode Island)

Register before April 16, 2025 to receive the discounted rate!

Friday General Sessions

10:00 am – 11:30 am (cont.)

Navigating Mental Health Medications: A Practical Guide to Treatment Selection

After this session, attendees should be able to:

1. Define the key classes of mental health medications and the conditions each class is commonly used to treat.
2. Discuss current guideline recommendations for select mental health concerns and the comparative efficacy of each agent.
3. Identify common side effects associated with each medication class.
4. Apply medication selection principles in practice through interactive patient cases.

Presenter(s): Kaitlyn Queen, PharmD, CPP (University of North Carolina at Chapel Hill)

3. Analyze the effectiveness of immediate response strategies and evidence-based practices for ongoing recovery efforts to support the mental health and well-being of affected campus populations.
4. Identify common vulnerabilities experienced by campus-based clinicians following mass violence incidents and actionable self-care strategies to mitigate compassion fatigue and secondary trauma while maintaining resilience in their professional roles.

Presenter(s): Gerard Lawson, PhD, LPC, LSATP, NCC (Virginia Tech)

1:30 pm – 2:30 pm

CANCELLED BY PRESENTER -- The Pulse of Campus Substance Misuse Prevention: Data-Informed Foundations for Planning and Action

12:00 pm – 1:00 pm

Dorosin Memorial Lecture: Caring for our Communities, Colleagues, and Selves Following Tragic Events Impacting College Campuses

After this session, attendees should be able to:

1. Define the prevalence, scale, and scope of trauma-causing events on college campuses.
2. Identify their immediate and long-term impacts on campus communities using evidence-based data.

Advancing Excellence in College Health Through the Strategic Implementation of Quality and Performance Improvement

After this session, attendees should be able to:

1. Describe the evolution of quality improvement in healthcare, including key milestones and methodologies, and the specific benefits that adopting these practices can bring to college health services.
2. Identify foundational strategies for developing a quality improvement program tailored to college health organizations that are early in their QI journey, ensuring sustainable and meaningful improvement.
3. Design advanced strategies and methodologies to enhance the effectiveness and outcomes of existing quality improvement programs.

Presenter(s): Pasquale Frisina, PhD, and Esther Munene, PhD, MBA (Princeton University)

Friday General Sessions

1:30 pm – 2:30 pm (cont.)

CANCELLED BY PRESENTER -- Contextualizing Student Population Data Using Knowledge Translation and Exchange (KTE) Framework

Health Insurance Literacy: How it Impacts Access to Care and How Campuses Can Help Their Students

After this session, attendees should be able to:

1. Explain health insurance literacy.
2. Discuss health literacy models.
3. Describe Case Study: Columbia Health.
4. Discuss opportunities for campus implementation.

Presenter(s): Jennifer Kieslich, MHA (University of Florida); Doug Koyle, MA (Ohio Wesleyan University); Nick Chancellor, DC, MS (University of Illinois-Urbana-Champaign); Michael McNeil, EdD, CHES, FACHA, and Karin Balow, BS (Columbia University); Liebe Meier, MHA, MBA (Cornell University)

Utilizing Marketing and Communications Teams to Advance Health Equity

After this session, attendees should be able to:

1. Explain the role marketing and communications play in advancing equity services.
2. Recognize how marketing and communications can assist in reducing health disparities.

3. Discuss how marketing and communications can tell a story to campus partners, stakeholders, donors, etc. that positively affect health equity.
4. Evaluate various University of Georgia Health Center (UHC) programs and data in their marketing, communications, and equity partnership.
5. Apply discussion of UHC's program to what might work at your institution.

Presenter(s): Amelia Ross, BA, Steven Rose, MBA, NREMT-A, and Kristen Thompson, MS (University of Georgia)

Bridging the Gap: Primary Care Mental Health—A Collaborative Care Approach

After this session, attendees should be able to:

1. Assess your practice's current needs and resources.
2. Describe the components of two rigorously evaluated Team-Based Behavioral Health Care Models and how to devise a hybrid approach.
3. Define the scope of practice for providers in student health services and externally for students and campus partners.
4. Train members of the primary care team to establish uniform competency and increase level of comfort.
5. Develop the infrastructure for primary care mental health visits in providers' schedule and increase clinical integration and collaboration within student health and with external partners.

Presenter(s): Laura Joseph, MD, Allyson Goodwin, MD, Elizabeth Rothschild, PA-C, MSci, and Sharon Rabinovitz, MD (Emory University)

An Immersive Experience for Improving BIPOC and Male Student STI Self-Testing Rates

After this session, attendees should be able to:

1. Apply a hands-on simulation of the "Peeling Back the Myths of STIs" event using a "Learn by Doing" approach.
2. Recognize the benefits of establishing cross-disciplinary teams (clinical staff, faculty, and students) for a successful health education event.
3. Outline strategies for prioritizing BIPOC and male students in both the planning and execution of the educational event.

Presenter(s): Jill Speece, PhD, Sondra Williams, RN, Kari Mansager, MEd, Kelsey Morton, MSN, RN, PHN, CNL, Kotomi Saito, and Parker Murray, BS (California Polytechnic State University San Luis Obispo)

Friday General Sessions

1:30 pm – 2:30 pm (cont.)

Managing Mental Health Demands: Navigating Treatment Models and Campus-Wide Communication Strategies

After this session, attendees should be able to:

1. Define key terminology and explain the Clinical Load Index (CLI) and other utilization metrics used in college counseling centers.
2. Review treatment models and effective communication strategies to ensure a campus-wide understanding of services.
3. Compare different treatment models used in college counseling centers and their applicability to specific institutional contexts.
4. Develop strategies to address common challenges in college counseling centers, including implementing best practices for improving services.

Presenter(s): Nicole Mullis, LPC, NCC and Eddy González, MS (The Jed Foundation)

Putting Mind Over Matter: Developing a Faculty and Staff Resilience Program

After this session, attendees should be able to:

1. Describe how data-driven practices can inform the development of a faculty and staff resilience program.
2. Identify how to create an evidence-based resilience program for faculty and staff.
3. Explain how to use a tiered evaluation approach for employee wellness trainings.

Presenter(s): Kelsey Ashwood, BS,

CHES (Oklahoma State University) Immunization-Centered Pharmacy Hot Topics

After this session, attendees should be able to:

1. Describe the indications for JYNNEOS (MPOX) vaccine and the storage, handling, administration, and procurement of this vaccine.
2. Describe available pentavalent meningococcal vaccines and how they affect vaccine schedule for additional vaccines.
3. Discuss newly available travel vaccines, the latest COVID-19 vaccine guidelines, and available pneumonia vaccines.

Presenter(s): Ashlee Stone, PharmD (University of Connecticut); Amy Sauls, PharmD, CPP, BCACP (University of North Carolina, Chapel Hill); Thomas Sinodis, PharmD, BCPS, CPP (North Carolina State University)

Exercise is Medicine: Emphasis on Efficacy, Dosing and Adverse Effects /Toxicity

After this session, attendees should be able to:

1. Review the benefits of physical activity (PA), exercise training (ET) and cardio-respiratory fitness (CRF) in cardiovascular disease.
2. Describe the impact of PA/CRF on the obesity paradox as well as dosing needed to reach max benefits.
3. Review data showing where more exercise produces no more benefit or even loss of benefit.

Presenter(s): Carl Lavie, MD (Ochsner Clinical School)

Best Practices for Title IX Offices and Campus Support Services

After this session, attendees should be able to:

1. Discuss the definition of Title IX and regulations around the proposed changes.
2. Identify collaboration opportunities with cross-campus partners.
3. Describe best practices in victim support, structure, and oversight.

Presenter(s): Kelly Gorman, MSc (University at Albany, SUNY); Marguerite O'Brien, MSW (Coastal Carolina University); Cynthia Burwell, EdD, MCHES (Norfolk State University)

3:00 pm – 4:00 pm

Utilizing Data to Advance Health and Wellness Initiatives

After this session, attendees should be able to:

1. Describe strategies for enhancing data collection methods.
2. Identify specific opportunities to employ data to advance public health initiatives.
3. Explain effective strategies for reporting data and leveraging data for future public health efforts.

Presenter(s): Cory Wallack, PhD, and Qingyi Yu, PhD (Syracuse University)

Friday General Sessions

3:00 pm – 4:00 pm (cont.)

Transforming College Health: Integrating Lifestyle Medicine on Campus

After this session, attendees should be able to:

1. Define Lifestyle Medicine and the six pillars of health.
2. Describe the implementation of Lifestyle Medicine on our college campus.
3. Review tools and resources for college health clinics and healthcare providers.

Presenter(s): Darlene Menz, MS, CNP, ANP-BC, DipACLM, and Alexandra Weld, MS, FNP, DipACLM (The College Of The Holy Cross)

Partnering with Community-Based Organizations to Meet Students' Sexual and Reproductive Health Needs in Restrictive and Protective States: Two Case Studies

After this session, attendees should be able to:

1. Describe recent data describing the sexual and reproductive health needs of college students.
2. Compare models for collaboration between Dallas College and community-based organizations in TX, a state that restricts access to sexual and reproductive health care.
3. Compare models for collaboration between Ohlone College and community-based organizations in CA, a state that protects access to sexual and reproductive health care.

4. Compare models for collaboration between a sexual-health focused community-based organization and institutions of higher education.

Presenter(s): Thaddeus Mantaro, PhD, and Luz Gonzalez, MS, RN (Dallas College); Swe Tun, MSN, APRN, FNP-C (Ohlone College); Claudia Trevor-Wright, JD, MA, MCHES (American Society for Emergency Contraception)

Inform, Involve, Influence: Using a Collaborative Communication Strategy to Move Your Health Promotion Work from Education to Engagement

After this session, attendees should be able to:

1. Describe models for behavior change that move beyond just education/knowledge.
2. Outline the key components of a proactive, evidence-based, and audience-relevant communication strategy as part of a public health strategy.
3. Identify key campus stakeholders as possible collaborators for prevention and health promotion efforts on their campus.
4. Apply tools to implement strategic communication planning as part of a broader prevention strategy.

Presenter(s): Jenny Damask, EdD, and Alison Thumel, MFA (University of Wisconsin-Madison)

Using a Case-Based Approach to Cultivate Multidisciplinary Gender Affirming Care Skills

After this session, attendees should be able to:

1. Develop enhanced skills in navigating complex cases involving gender-affirming care.
2. Describe estrogen-based and testosterone-based affirming medical regimens.
3. Discuss campus resources and policies that could be drawn upon to support students navigating complex situations.

Presenter(s): Patty Pinanong, MD and Ekta Kumar, PsyD (University of Southern California); Benjamin Silverberg, MD (Stanford University)

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Friday General Sessions

3:00 pm – 4:00 pm (cont.)

Inter-Professional Collaboration to Improve Catch-up HPV Vaccination

After this session, attendees should be able to:

1. Describe rates of catch-up HPV vaccination in the young adult and university population.
2. Discuss university-level HPV vaccination rates, data gathering processing and limitations, effect of university-state immunization interface, and results of data including vaccination discrepancies by demographic.
3. Describe our program's components.
4. Discuss audiences' approaches, experiences, successes and failures to increase HPV vaccination rates.

Presenter(s): Noa'a Shimoni, MD, MPH, Horacio Hernandez, MPH, CHES, and Donna Meeker-O'Rourke, MPH (Rutgers University)

Student Centered and Mission Aligned: Strategies for Integrating Higher Education and Healthcare

After this session, attendees should be able to:

1. Identify the advantages of an integrated partnership between a university and a healthcare system to meet student and organizational needs, specifically related to increased demand for mental health services.
2. Describe details of successful

collaborative initiatives; with a specific focus on initiatives that contribute to positive student mental health outcomes.

3. Identify strategies to overcome challenges with integration and the external operations of campus-based health and wellness services.

Presenter(s): Jean Griffin, MS (TriHealth); Jamie Baxter, LPCC-S, and Marybeth Sullivan, MHSA (Xavier University)

Bridging the Gap: Black Students Navigating Mental Health Care in a Complex System

After this session, attendees should be able to:

1. Describe the current barriers and challenges facing Black students to connecting to mental health in complex systems/primarily white institutions.
2. Create a plan to foster inclusion for Black students who are seeking mental health care.

Presenter(s): Nomora Pearyer, LCSW, and Kia Alexander, LCSW (Rutgers University)

The Pre-Travel Consult for High Risk Travelers

After this session, attendees should be able to:

1. Discuss travel advice for the pregnant traveler.
2. Discuss travel advice for the traveler with a compromised immune system.

Presenter(s): Obinna Nnedu, MD, MPH, CTropMed (Ochsner Health)

Tuberculosis Screening and Testing: Beyond the Basics

After this session, attendees should be able to:

1. Outline the current recommended TB screening, testing, and treatment guidelines.
2. Discuss several typical TB cases seen in clinic.
3. Discuss TB screening policies.

Presenter(s): Anu Murthy, MD (Emory University)

Register before April 16, 2025 to receive the discounted rate!

SATURDAY EVENTS, MEETINGS, & GENERAL SESSIONS

CONNECT. ENGAGE. EXPLORE.

7:00 am - 11:00 am

Registration

7:00 am

Continental Breakfast

11:00 am - 12:00 pm

Closing Presidential Session

See Featured Events for more information.

12:00 pm - 5:00 pm

**ACHA Board of Directors:
Orientation for New and
Continuing Directors**

Saturday General Sessions

8:00 am – 9:00 am

Ocular Side Effects of Medication

After this session, attendees should be able to:

1. Identify medications that may cause anisocoria, pupil dilation and accommodative issues.
2. Identify the medication that may cause Idiopathic intracranial hypertension (IIHTN).
3. Identify medication that may cause dry eye.
4. Identify medication that may cause subconjunctival hemorrhage.
5. Identify medication that can lead to an increase in intraocular pressure (IOP).

Presenter(s): Dina Kakish, OD, FAAO (University of Michigan)

The Healthy Campus Inventory: Lessons Learned from Implementation

After this session, attendees should be able to:

1. Identify how to access the Healthy Campus Inventory.
2. Describe steps to implementing the Healthy Campus Inventory.
3. Recognize at least one benefit and one challenge of implementing the Healthy Campus Inventory.

Presenter(s): Jordan Perry, MPH, MCHES (Appalachian State University)

Establishing Interdisciplinary Specialty Consultation Teams for Enhanced Student Health and Well-Being

After this session, attendees should be able to:

1. Outline the key components and benefits of an interdisciplinary Specialty Consultation Team (SCT).
2. Design an implementation strategy for interdisciplinary collaboration within their health and well-being units.
3. Evaluate the impact of integrated health services on student health outcomes.
4. Apply case studies to simulate the challenges and successes of SCTs.

Presenter(s): Tristan Barsky, PsyD, and Trina Ridout, MD, MEd (Johns Hopkins University)

Well-Being and Belonging: What Matters and How to Enact It Through Health Services

After this session, attendees should be able to:

1. Understand institutional well-being supports that are most influential to student sense of belonging.
2. Describe how the influence of these supports varies by student characteristics.
3. Describe how to use these data to inform health services' well-being education strategy and programming that help to increase belonging.

Presenter(s): Bridget Yuhas, EdD, Maxie Gardner, MHA, BSN, RN, CENP, Laura Counsell, and Brittany Craycraft, RN (Butler University)

Utilizing a Student Volunteer Program to Enhance Services While Offering Experiential Learning Opportunities

After this session, attendees should be able to:

1. Identify the necessary steps to develop a student volunteer program.
2. Outline recruitment, hiring and training.
3. Plan program assessment opportunities.

Presenter(s): Betsy Gentry, RN, and Deborah Hoover, RN (James Madison University)

Implementing a Team-Based Approach to Medication Abortion

After this session, attendees should be able to:

1. Identify the changing college health abortion landscape.
2. Describe clinical information about low-touch medication abortions in their clinics.
3. Design their own low-touch medication abortion program in campus settings of varying sizes.
4. Execute a plan for low-touch MABs for their campus that includes collaboration across disciplines that best suits their student population.

Presenter(s): Rafaela de la Huerta, RN, FNP-BC, Michelle Love, MD, and Siobhan McKenna, MSN, RN (Columbia University)

Saturday General Sessions

8:00 am – 9:00 am (cont.)

Care of the Student-Musician with Overuse Injury

After this session, attendees should be able to:

1. Identify risk factors that predispose to overuse injury of the neck and upper extremity in musicians.
2. Use history and physical exam techniques to identify common overuse injuries of the neck and upper extremity in musicians.
3. Recognize stages of overuse injury.
4. Describe how to manage injuries in a cost-effective manner, with attention to pharmacologic and non-pharmacologic treatments.

Presenter(s): David Edwards, MD (Texas Tech University); Stephen Edwards, MD (Baylor College of Medicine)

A Decade of CARE (Counselors in Academic Residence): Successes, Challenges, and Lessons Learned

After this session, attendees should be able to:

1. Outline steps for developing, designing, and implementing an embedded counseling program (ECP).
2. Develop practices to foster ECP sustainability.
3. Identify potential challenges that can arise when implementing an ECP.

4. Describe lessons learned over a decade of ECP implementation.

Presenter(s): Laura Dupuis, LCSW-S, Marla Craig, PhD, Chris Brownson, PhD, and Brittany Boyer, PhD (The University of Texas at Austin)

A Faculty Toolkit for Co-Creating Healthier Academic Environments

After this session, attendees should be able to:

1. Indicate the Well-Being in Academic Environments Toolkit's purpose and components.
2. List steps to execute with faculty and staff the toolkit's use in academic settings.
3. Apply the toolkit in specific departments, classrooms, coursework, and other academic environments.

Presenter(s): Althea Woodruff, PhD, MA, MAT, and Nina Telang, PhD (University of Texas at Austin)

9:30 am – 10:30 am

The Impact of Perceived Institutional Support on Depression and Anxiety Among College Students

After this session, attendees should be able to:

1. Explain the mental health characteristics of undergraduate and graduate students.
2. Describe differences in mental health characteristics of undergraduate students by year in school.
3. Discuss potential differences in strategies for services and programs addressing mental health for undergraduate and graduate students.

Presenter(s): Brandy Reeves-Doyle, PhD, MPH, CHES (Miami University)

Saturday General Sessions

Maximize Your Employee Training Documentation Process: Improving Workplace Standards and Better Accreditation Compliance

After this session, attendees should be able to:

1. Identify an effective system for organizing and managing employee training documentation to ensure efficiency and compliance.
2. Develop strategies for employee training sessions with the specific goal of enhancing documentation practices.
3. Discuss the requirements for documentation of employee training from the standpoint of AAAHC accreditation as well as risk management.

Presenter(s): Holly Boettner, MPH, CHES, and Heidi Girling, MPH, CHES (California State University, Long Beach)

Leveraging the Social-Ecological Model to Enhance Campus Sexual Violence Prevention and Response

After this session, attendees should be able to:

1. Describe the social-ecological model and its relevance in addressing campus sexual violence.
2. Implement prevention programs and responsive support systems that are tailored to the unique needs of their campus communities.
3. Discuss the importance of incorporating intersectionality into campus sexual violence prevention and response efforts.

Presenter(s): Jennifer Henkle, MSW, LMSW (University of Virginia)

Gentle Gains: A Holistic Approach to Weight Management in Primary Care

After this session, attendees should be able to:

1. Analyze the role of behavior change in sustainable weight management.
2. Implement a holistic approach to weight management for at-risk patients.
3. Evaluate the effectiveness of community-based support in weight management.

Presenter(s): Rayven Nairn, MS, RDN, LDN (Johns Hopkins University)

Catching Up with the National Faculty and Staff Health Assessment: Connecting the Dots

After this session, attendees should be able to:

1. Explain the components of the National Faculty and Staff Health Assessment.
2. Identify trends and key data points in the health and well-being of faculty and staff.
3. Discuss current approaches and strategies that institutions are utilizing to address and assess the health and well-being of faculty and staff.

Presenter(s): Lori Dewald, EdD, ATC, MCHES, F-AAHE (Southern Illinois University-Carbondale); Faith DeNardo, PhD, CHES (Bowling Green State University); Marquerite O'Brien, MSW (Coastal Carolina University)

Using Technology to Enhance Workflows and Efficiencies

After this session, attendees should be able to:

1. Identify available systems, such as e-forms and EMR interfaces, that can enhance operational workflows.
2. Evaluate the effectiveness of QR codes for improving communication with students and staff, including uses in surveys, portal access, and marketing.
3. Identify EMR features that could benefit efficiencies.

Presenter(s): Saara Schwartz, MD, Anaberly (Ana) Chaviano, and Mariela Gabaroni, MS, MCHES (Florida International University)

Health Promotion Outside the Lines: Maximizing Collaborative and Strategic Efforts to Enhance Student Success

After this session, attendees should be able to:

1. Describe the role that collaboration and partnerships play in strategic planning.
2. Identify strategies for connecting with untapped areas for collaborative opportunities.
3. Explain how to leverage ongoing partnerships.

Presenter(s): Jennifer DiPrete, MEd, MSW, MCHES, Courtney Deremiah, MS, CHES, Kameron Talley, CHES, NCC (University of South Florida)

Saturday General Sessions

9:30 am – 10:30 am (cont.)

Well-Being in the Workplace: Establishing a Culture of Psychological Safety

After this session, attendees should be able to:

1. Identify at least two key components of psychological safety and their impact on a thriving work environment.
2. Use an assessment tool provided during the presentation to measure the level of psychological safety within their respective teams.
3. Develop an action plan with at least three practical techniques to cultivate psychological safety within their professional environments.

*Presenter(s): Lynne Thompson, MS
(University of Illinois Chicago)*

Living Well with Diabetes: An Individualized Treatment Approach

After this session, attendees should be able to:

1. Identify patient-specific factors critical to treatment selection and success.
2. Describe how to integrate individualized care principles into practice, with a focus on managing diabetes in the context of obesity.
3. Discuss evidence-based strategies to improve outcomes through tailored treatment plans.

*Presenter(s): Dragana Lovre, MD
(Tulane University)*

11:00 am – 12:00 pm

Closing Presidential Session

[Session details to come]

*Presenter(s): Gladys Campbell
(NAMI Southeast Louisiana); Alice
Riener, JD (CrescentCare)*